



Article Early Sowing on Some Soybean Genotypes under Organic Farming Conditions

Victor Petcu ^{1,2,*}, Ancuța Bărbieru ², Mihaela Popa ², Cătălin Lazăr ^{2,*}, Laurențiu Ciornei ¹, Amalia Gianina Străteanu ¹ and Ioana Claudia Todirică ¹

- ¹ Centre of Studies and Research of Agroforestry Biodiversity, Academy House, Romanian Academy, 050711 Bucharest, Romania; laurentiu.ciornei@cscbas.ro (L.C.); amalia.strateanu@cscbas.ro (A.G.S.); ioana.todirica@cscbas.ro (I.C.T.)
- ² National Agricultural Research and Development Institute Fundulea, Călăraşi County, 915200 Fundulea, Romania; ancuta.barbieru@incda-fundulea.ro (A.B.); mihaela.popa@ricic.ro (M.P.)
- * Correspondence: victor.petcu@cscbas.ro (V.P.); lazar_catalin@yahoo.co.uk (C.L.); Tel.: +40-724-506-347 (V.P.); +40-741-413-288 (C.L.)

Abstract: The demand for soybeans in Europe motivates breeders, researchers, and growers to find suitable cultivars to adapt and extend the soybean crop to improper climate areas. Weed control is a crucial aspect of crop technology in organic agriculture, but particularly for soybean crops. In laboratory conditions, the cumulative stress index for seedlings was determined to identify the susceptible cultivars. A field experiment with 14 soybean accessions and 2 sowing dates was conducted under organic farming conditions over the course of three years, from 2020 to 2022. Plant population density was found to be significantly (p < 0.01 and p < 0.1) negatively correlated to the degree of resistance to low temperature as well as infestation degree with weeds (for p < 0.05 and p < 0.1), with the exception of early sowing in 2021. Yield was significantly (p < 0.05, p < 0.01, p < 0.1) correlated with plant population density, with the exception of optimal sowing in 2022. Early sowing variants emerged with vigor in the first two years, breeding lines and registered varieties showed low input, and organic agriculture systems showed low yields in the drought years of 2020 and 2022. Although early sowing even in the first two years proved to be a practice that increased the cultivars' performance, in 2022, due to the long period of chilling stress in the field, this option had negative effects on yield due to the high weed frequency. Therefore, the early sowing strategy for the soybean crop in this particular case of non-irrigated conditions in a temperate continental area proved to be a risky practice.

Keywords: organic; soybean; early sowing; Romania; plant density; cumulative stress index; weeds

1. Introduction

The importance of worldwide soybean (Glycine max L. Merrill) cultivation has risen with the increasing demand for protein sources for livestock. The grain's lysine amino-acid content of over 5% makes this plant an important protein crop [1] and, as an oil plant, it stands besides sunflower and palm oil [2]. Although other pulses have notable quality traits [3], soybean remains the widest cultivated grain legume plant, both worldwide and at the European level [4]. Additionally, the use of soybean plants extends to its use as a high-quality forage crop [5,6], vegetables (known as 'edamame' (Japanese)), 'mao dou' (Chinese), 'Poot kong' (Korean), beer beans, sweet beans, and green soybeans (in other parts of the world) [7]. Epoxidized soybean oil is a raw material for biodegradable polymers [8], and it is notable that in human consumption, soybean peptides have positive effects on chronic diseases such as obesity, diabetes, and cardiovascular problems [9]. Furthermore, soybean cultivation improves soil quality and local biodiversity [10,11], but on the global level, extending the soy crop by deforestation is causing environmental and social problems [12].



Citation: Petcu, V.; Bărbieru, A.; Popa, M.; Lazăr, C.; Ciornei, L.; Străteanu, A.G.; Todirică, I.C. Early Sowing on Some Soybean Genotypes under Organic Farming Conditions. *Plants* 2023, *12*, 2295. https:// doi.org/10.3390/plants12122295

Academic Editors: Barbara Pipan and Vladimir Meglič

Received: 29 April 2023 Revised: 6 June 2023 Accepted: 6 June 2023 Published: 12 June 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Thus, agronomists are being driven by the rising demand for soybean products in Europe to broaden cultivation restrictions and investigate new crop production conditions [13,14].

However, the concern with the future and potential of expanding soybean-cultivated areas is on local climate conditions; the farm profitability of the cattle, poultry, and pig sectors, which are the main protein users [15–17]; and the post-harvest processing and food industry development within a country [18].

In Romania, Bulgaria, and the Republic of Moldova, countries with a recent history of about 100 years of soybean cultivation have a potential of at least one million hectares for soybean crops [19].

The cultivation of soybeans in organic farming or agroecological systems is linked with premium quality and non-GMO [20] products for human consumption.

Organic farming needs suitable cultivars and technologies to perform quality and yield demands, and even more so as the control of weeds, specific pathogens, and pests is different from conventional agriculture, where there are possibilities for chemical suppression [21–23]. Weed management is a key factor in crop technology. Soybeans are sensitive in the early stages [24], in which the weeds are more adapted to lower temperatures.

Optimal planting dates for soybeans vary according to variety, cropping system, and environmental conditions, but the delay in typical sowing date is one of the organic techniques for effective weed control in the soybean crop [25]. On the other hand, the early sowing of soybeans has attracted the attention of researchers and farmers because it offers benefits in capitalizing on early precipitation, avoids drought and high temperatures during mid-summer (when plants are in a critical stage of development), prevents the attack of insects at the end of the growing season, and the crop can be harvested earlier (shake losses are avoided) [26–28].

Early sowing, as a technological alternative for soybean cultivation in organic farming conditions from Romania, is little or insufficiently studied.

In Central and South European countries, such as Romania and Bulgaria, the major risk to soybean crops is the high water demand of crops; therefore, maintaining the proper moisture in the upper soil layer of 0–40 cm is strongly recommended for gaining yield and quality [29,30]. The critical period for water is from flowering to pod physiological maturity [31], which, in many areas of Romania, coincides with periods of drought and heat.

At early sowing, farmers may risk yield loss from the poor establishment of the crop due to low soil temperature. However, due to the continuous increase in global air temperature over the years, there is a tendency for soybeans to be sown earlier.

It is very important to determine the cold tolerance of soybean varieties in the early stages of growth. Today, many different soybean varieties are available in the world in terms of tolerance to low temperatures. In Romania, there are limited data on the suitability of soybean varieties for early sowing, and further local research is needed in order to help the breeding process for regional adaptation of the cultivars [32].

Therefore, the choice of varieties, together with other technological factors (such as the time of planting), are essential for profitable and healthy [33] soybean crops in Romania under the country's particular environmental conditions.

The vegetation phase, usually expressed by local conditions in the maturity group and stem type of growth (either determinate or indeterminate, for the chosen cultivars in the study), reveal different responses in the field, depending on the genotype x environment complex interactions [34,35].

The purpose of this study was to highlight the effect of early sowing on some soybean genotypes, sown under the conditions of the organic farming system.

2. Results

2.1. Climate Conditions

The experimentation years varied in terms of total rainfall, ranging from 180 to 269.2 mm in the period from April to August, as well as in terms of monthly repartitions of these measurements.

In 2020 and 2022, the moisture deficits from June up to August created unfavorable conditions during the appearance of the reproductive organs and grain formation.

In 2021, the rainfall during June exceeded by 60.1 mm the normal level for the zone (74.9 mm), suggesting favorable conditions for the soybean crop; however, in July and August a moisture deficit of 49.9 mm and 25.3 mm vs. the, multi-annual average was registered, the time when soybeans are in the flowering (R1–R2) to full-seed (R6) stage and, thus, most vulnerable to water stress (Table 1).

Table 1. Monthly distribution of rainfall and mean air temperature during the soybean growing season in 2020, 2021, and 2022 including the 60-year average at the study site.

Month	Year	Temperature (°C)	Rainfall (mm)
	60-years average	11.3	45.1
1	2020	12.3	14
Aprii	2021	9.7	31
	2022	12.1	47.6
	60-years average	17	62.5
Max *	2020	17	58
iviay	2021	17.2	57.6
	2022	17.9	30.1
	60-years average	20.8	74.9
June	2020	21.7	68.4
Julie	2021	21.1	135
	2022	22.6	59.6
	60-years average	22.7	71.1
Inder	2020	25.1	34.2
July	2021	25.3	21.2
	2022	25.0	29.2
	60-years average	22.3	49.7
Anonot	2020	25.5	5.4
August	2021	24.2	24.4
	2022	25.6	14.4
	60-years average	18.8	303.3
Tatal /Maar	2020	20.3	180.0
Total/Mean	2021	19.5	269.2
	2022	20.6	180.9

* The temperatures for the first decade of May: 2020 (10 °C), 2021 (10.12 °C), 2022 (5.5 °C).

The 2020 and 2021 growing seasons were the warmest ($0.5 \,^{\circ}$ C and $1.8 \,^{\circ}$ C above normal). In 2021, the month of April was the coolest ($1.6 \,^{\circ}$ C below normal), but the 2020 growing season was cool, especially during the first decade of May when the average minimum temperature was $5.5 \,^{\circ}$ C below the same period in 2021 and 2020 (Table 1).

2.2. Effect of Sowing Time, Genotype on Soybean Yields

The analyses of the variance highlighted the very significant effect of sowing date and genotype on soybean production, and in dry years, the interaction between the two factors influenced the obtained production (Table 2).

Source of Variance	Fa	ice	
	2020	2021	2022
Sowing time (Factor A)	313.08 ***	70.30 ***	72.00 **
Genotypes (Factor B)	50.14 ***	52.52 ***	12.06 ***
Interaction $A \times B$	2.32	1.32	3.23 ***

Table 2. Analyses of Variance for the effect of sowing time and genotypes on soybean yields.

** significant as p < 0.05; *** highly significant as p < 0.001.

Early sowing had a positive impact on the soybean production during the first two years of experimentation (Table 2). The yields achieved in 2021, which was normal in terms of the rainfall that was recorded, were on average 222 kg ha⁻¹ higher than those attained when sowing during the ideal season, whereas the early sowing in 2022 reduced the production on average by 500 kg ha⁻¹ (Table 3).

Table 3. Yi	ield results of	14 soybean	genotypes of	n optimal and	early sowing	in 2020, 2021	, and 2022.
-------------	-----------------	------------	--------------	---------------	--------------	---------------	-------------

Genotype	Year	Yield (kg ha ⁻¹) Sown Early	Yield (kg ha ⁻¹) Sown Optimally	Yield Difference %	% Yield Difference (kg ha ⁻¹)
	2020	732	602	21.6	130
F10-1443	2021	1148	1082	6.1	66
	2022	453	952	-52.4	-499
	2020	1136	1056	7.6	80
F13-993	2021	723	606	19.3	117
113-995	2022	445	977	-54.5	-532
	2020	1413	1339	5.5	74
F13-1174	2021	889	710	25.2	179
	2022	388	984	-60.6	-596
	2020	1183	1086	8.9	97
F14-878	2021	762	688	10.8	74
	2022	354	981	-63.9	-627
	2020	953	884	7.8	69
F14-918	2021	633	603	5	30
	2022	379	989	-61.7	-610
	2020	1520	1390	9.4	130
F13-1114	2021	1007	1025	-1.8	-18
	2022	567	1041	-45.5	-474
	2020	1439	1329	8.3	110
F13-1124	2021	873	632	38.1	241
	2022	420	1035	-59.4	-615
	2020	1573	1515	3.8	58
F13-908	2021	1033	948	9	85
	2022	535	1018	-47.4	-483
	2020	1333	1252	6.5	81
F15-749	2021	885	862	2.7	23
	2022	468	973	-51.9	-505
	2020	1750	1620	8	130
F15-792	2021	1157	1167	-0.9	-10
	2022	565	1029	-45.1	-464
	2020	1650	1548	6.6	102
Anduța F	2021	1088	1061	2.5	27
	2022	499	965	-48.3	-466

Genotype	Year	Yield (kg ha ⁻¹) Sown Early	Yield (kg ha ⁻¹) Sown Optimally	Yield Difference %	% Yield Difference (kg ha ⁻¹)
	2020	1283	1209	6.1	74
Flavia	2021	867	880	-1.5	-13
	2022	593	1091	-45.6	-498
	2020	1343	1216	10.4	127
Larisa TD	2021	919	1024	-10.3	-105
	2022	586	1098	-46.6	-512
	2020	1668	1360	22.6	308
Teo TD	2021	1196	1112	7.6	84
	2022	521	844	-38.3	-323

Table 3. Cont.

Yield Loss Due to Weeds

The results of the analysis of variance showed that the weed infestation was very significantly affected by the weather conditions of the experimental years, soybean genotypes, and also by interactions between these factors both for early sowing and optimal sowing (Table 4).

Table 4. Analyses of Variance for the effect of year and genotypes on weed infestation.

Factor F and Significance			
Sown Early	Sown Optimally		
227.98 ***	112.46 ***		
25.88 ***	99.83 ***		
19.87 ***	29.15 ***		
	Factor F an Sown Early 227.98 *** 25.88 *** 19.87 ***		

*** highly significant as p < 0.001.

The degree of weed infestation was between 19 and 30% for optimal sowing and between 25 and 35% for early sowing. There were significant negative correlations between yields and weed distribution on plots (r = -0.62 **, r = -0.73 ***) (Figure 1).



Figure 1. Relationships between yields and degree of weed infestation, 2021; ** moderate negative correlation; *** high negative correlation.

Yields in 2020 and 2022 were low due to the drought which caused accelerated, irregular ripping as well as a high frequency of weeds. The productions obtained from early sowing in 2022, a very dry year with low temperatures recorded in spring, were only 48% of the production obtained from sowing at the optimal time. The weeds' distribution per plot this year was very high (59–85%). Moreover, the weeds' occurrence was correlated with the yields obtained (Figures 2 and 3).



Figure 2. Relationships between yields and degree of weed infestations, 2020; *** high negative correlation.



Figure 3. Relationships between yields and degree of weed frequency, 2022; ** moderate negative correlation; *** high negative correlation.

There is a complex weed spectrum in all crop development stages with monocot weeds such as *Setaria viridis*, *Echinochloa crus-galli*, and *Digitaria sanguinalis* and dicot weeds

Phase of Vegetation	Variants	Year	SETVIR	ECHCG	DIGSA	CONAR	POLCO	AMARE	POROL	SOLNI	AMBEL	CHEAL	TOTAL
	Early	2020	96			3		36		25			160
	5	2021	125				14			63			202
		2022	150			21	14	96		179			460
Trifoliate leaves	Optim	2020	68				7	14					89
	1	2021	96			41	28	35		7			207
		2022	115			50		40		10			215
	Early	2020	7								10	8	25
T 11 A	5	2021	28	12	10	13		7			15	10	95
Full flowering		2022	30	15	15	14		10			20	15	119
and pod setting	Optim	2020	14								10		24
(K2)	•	2021	30	10	8	7					15	7	77
		2022	35	18	11	8					20	15	107
	Early	2020	35	7	7	7					10		66
	5	2021	30	30	25			6	6	2	15	14	128
Maturity start		2022	45	40	35	29		15	11	15	25	13	228
(R7)	Optim	2020	7								10		17
		2021	25	26	18	22		9		7	15		122
		2022	55	41	35	30	15	12		9	9		206

of all genotypes).

such as *Convolvulus arvensis, Fallopia convolvulus, Amaranthus retroflexus, Portulaca oleracea, Solanum nigrum, Ambrosia artemisiifolia,* and *Chenopodium album* (Table 5).

Table 5. Effect of year and sowing time on the weed infestation (plants m^{-2}) in soybean crops (mean

SETVIR—Setaria viridis; ECHCG—Echinochloa crus-galli; DIGSA—Digitaria sanguinalis; CONAR—Convolvulus arvensis; POLCO—Fallopia convolvulus; AMARE—Amaranthus retroflexus; POROL—Portulaca oleracea; SOLNI—Solanum nigrum; AMBEL—Ambrosia artemisiifolia; CHEAL—Chenopodium album.

In the last year, the estimated weed density was very high, which means competition for nutrients and water from the soil. This is even more so in the maturity phase at early sowing, when the weed density was 228 weeds m^{-2} and the largest share was *Ambrosia artemisiifolia* and *Amaranthus retroflexus* (Table 4). The studies conducted by Patterson and Flint [36], demonstrated that *Amaranthus* sp., with C4 metabolism, showed higher WUE compared to soybean plants. Due to global warming, the abundance of common ragweed (*Ambrosia artemisiifolia* L.) began to increase in Southern, Central France, and Northern Italy as well as in Romania [37,38]. In the organic farming system and not only there, it will be very difficult to combat weeds, especially because in addition to the large seeded production, there is a high long-term survival of seeds.

2.3. Plants Density and Cumulative Stress Index

The results of the analysis of variance showed that the weed infestation was very significantly affected by the weather conditions of the experimental years, soybean geno-types, as well as by interactions between these factors both for early sowing and optimal sowing (Table 6).

Table 6. Analyses of Variance for the effect of year and genotypes on plants' density.

Source of Variance	Factor F and Significance	
	Sown Early	Sown Optimally
Year of experimentation (Factor A)	18.77 ***	29.13 ***
Genotypes (Factor B)	56.21 ***	69.58 ***
Interaction $A \times B$	11.43 ***	13.64 ***

*** highly significant as p < 0.001.

The density of the plant population decreased with later sowing and in dry years. It is clear that the density of the plant population was generally lower in the soybean varieties that are more vulnerable to low temperatures (cumulative stress index with higher values) than in the resistant ones (Table 7).

Genotype	Years	Early Sowing (Plants m ⁻²)	Optimal Sowing (Plants m ⁻²)	Cumulative Stress Index
F10-1443	2020 2021 2022	27 37 21	25 35 25	0.83
F13-993	2022 2020 2021 2022	25 31 20	32 29 24	0.91
F13-1174	2020 2021 2022	37 35 26	33 37 33	0.71
F14-878	2020 2021 2022	37 34 24	31 36 29	0.83
F14-918	2020 2021 2022	25 41 23	24 40 26	0.86
F13-1114	2020 2021 2022	32 45 32	39 40 33	0.44
F13-1124	2020 2021 2022	40 45 26	41 45 36	0.47
F13-908	2020 2021 2022	51 55 28	47 49 30	0.3
F15-749	2020 2021 2022	40 42 34	42 42 36	0.47
F15-792	2020 2021 2022	43 39 31	44 52 32	0.26
Anduța F	2020 2021 2022	33 52 34	36 50 34	0.45
Flavia	2020 2021 2022	34 52 32	36 52 28	0.43
Larisa TD	2020 2021 2022	47 50 36	39 53 39	0.42
Teo TD	2020 2021 2022	45 50 33	43 46 36	0.31

Table 7. Plant population density and correlation coefficients among studied traits for soybean genotypes.

Low temperature is one of the primary abiotic stresses, which negatively affects the growth and productivity of soybean. The identification of soybean genotypes with tolerance to low temperature is important for the genetic improvement of soybean stress tolerance as well as for the choice of genotypes suitable for early sowing [39].

Plant population density was found to be significantly (p < 0.01 and p < 0.1) negatively correlated to the degree of resistance to low temperature as well as with estimated weed density (for p < 0.05 and p < 0.1), with the exception of early sowing in 2021.

Yield was significantly (p < 0.05, p < 0.01, p < 0.1) correlated with plant population density, with the exception of optimal sowing in 2022 (Table 8).

Correlation Coefficient	Years	Early Sowing	Optimal Sowing
Crop density (plants m^{-2}) ×	2020	-0.76 ***	-0.89 ***
Cumulative Stress Index (CSI)	2021	-0.75 ***	-0.84 ***
Cumulative Stress index (CSI)	2022	-0.81 ***	-0.67 **
Cross down its (close to m^{-2}) $\times M$ and a	2020	-0.51 *	-0.48 *
Crop density (plants m $-) \times$ weeds	2021	-0.44	-0.56 *
density (plants m ⁻²)	2022	-0.56 *	-0.68 **
Cumulative Stress Index (CSI) ×	2020	0.57 *	0.64 **
M_{add} density (plants m ⁻²)	2021	0.65 **	0.64 **
weeds density (plants in)	2022	0.54 *	0.86 ***
	2020	0.65 **	0.71 ***
Yield \times Crop density (plants m ⁻²)	2021	0.48 *	0.50 *
	2022	0.71 ***	0.36

Table 8. Correlation coefficients among studied traits for soybean genotypes.

* low correlation; ** moderate correlation; *** high correlation.

These correlations provide valuable information for breeding new soybean, respectively, for the consolidation of favorable traits affecting the technological and utilitarian value of plants, such as yield potential or resistance to cold stress.

3. Discussion

The negative effect of water restriction in soybean plants depends on the phenological stage [40]. Drought in the spring affects sowing, which often results in uneven emergence, lack of seedlings, and poor seedling growth [41].

In our study, the experimental years were very different regarding rainfall. So, if in 2020 there was insufficient rainfall, (180 mm during the entire growing period and only 14 mm in April), which primarily affected the emergence and the density of the plants, instead in 2021, the total rainfall registered was approximately 269 mm (47.6 mm in April), ensuring sufficient soil moisture for a uniform emergence of the soybean genotypes studied. This explains the differences in production obtained in the years of experimentation, both at early sowing and at the optimal time. Moreover, data from the specialized literature show that unlike cereals, legume plants need more water at the beginning of the vegetation period to germinate and emerge.

Water availability is usually higher on early seeding conditions, but the temperature requirements of soybean plants are above those of weed species.

Therefore, varieties resistant to low temperatures are needed to be able to be sown early. Thus, work is being completed to improve the resistance of genotypes to low temperatures in the soybean improvement programs from different parts of the world (including Romania). The yield differences, as an interaction between genotype variations and specific environmental conditions is a common research topic for soybean breeders [42–44].

The temperatures immediately after sowing and in the first stage of the vegetation are very important for early sowing. One of the main risks of planting very early is that the emerged plants will be damaged by cold temperatures, as soybeans are sensitive in the cotyledon stage. In this way, the risk that comes from the fact that the germination and appearance of the cotyledons are delayed at lower soil temperatures is mitigated [45].

We used genotypes with different resistance to low temperatures in this study. In genotypes with a lower cumulative stress index for low temperatures, it was found that the emerged plants were much less damaged by cold temperatures, so that plant population density was higher compared with the sensitive ones. However, changes in temperature occurred in 2022 (the temperature for the first decade of May 2022 was 5.5 °C) at the two chosen sowing times, resulting in significantly different plant numbers and overall

grain yield, which led to excessive growth of weeds. As is known, the degree of weed infestation is also affected by meteorological factors, such as moisture and temperature [46]. Our data demonstrate a significant relationship between sowing date and the estimated weeds' number. Other studies show that the intensity of weed competition may vary according to the density and composition of weed species present in the agricultural area, as well as the competitive ability of the variety used, soil and crop management practices, and the period of coexistence between the crop and weed community [47,48]. Thus, the interference of weeds in the crop can cause reductions of up to 80% in grain yield. In our case, the weed interface in the early sown soybean crop simultaneously with the cold and drought (in 2022) caused reductions in soybean production of up to 60%. So, although early sowing even in the first two years has proven to be a practice that increased the cultivars' performance, in 2022, due to the long period of chilling stress in the field, this option had negative effects on yield due to the weeds' infestation. Therefore, the early sowing strategy for the soybean crop in non-irrigated conditions is a risky practice in organic farming in continental temperate areas.

Optimization of sowing dates is the most important and least expensive agronomic practice that affects soybean yield. Some researchers have suggested that earlier sowing dates have contributed to recent soybean yield gains in the United States. For example, sowing soybeans in late April and early May is currently recommended in the Midwestern United States to achieve the maximum seed yield [49].

In order to be able to sow soybeans earlier, efforts are being made to obtain genotypes resistant to low temperatures during seed germination and the first phases of vegetation. The genotypes studied by us showed genetic variability for resistance to low temperatures; five of the genotypes were sensitive according to the cumulative stress index. However, the level of resistance is not high enough to compensate for the negative effects resulting from early sowing in the organic farming system.

Early sowing even in the first two years proved to be a practice that increased the cultivars' performance; however, in 2022, due to the long period of chilling stress in the field, this option had negative effects on yield due to the infestation with weeds. Therefore, the early sowing strategy for the soybean crop is a risky practice in organic farming in continental temperate areas.

Further research and field studies for expanding the soybean crop in Europe's continental areas could be made by inter-cropping or finding the best technologies for planting soybeans as a secondary crop. Romania is an important maize producer [50], a maize– soybean intercropping system is a solution that could enhance the land equivalent ratio and improve the resilience of the entire agroecosystem by mitigating the risk of a total crop monoculture failure [51,52].

4. Materials and Methods

Field experiments were conducted over three growing seasons during 2020, 2021, and 2022 at the National Agricultural Research and Development Institute (44°26′ N; 26°30′ E), on cambic chernozem soil type.

Two management factors, very important for organic soybean farming, were investigated: (1) soybean varieties and (2) sowing time.

The experience was bifactorial of type 2×14 in 3 repetitions, with A factor (sowing times: a1—sown early; a2—sown optimally) and B (genotypes: b1... b14). This experience was carried out under organic farming conditions, on cambic chernozem, well drained, formed on loess, with 33.8% clay content and 2.8% organic matter in arable layer.

Two sowing times were used, first an early sowing at the beginning of April (2–3) and second an optimal sowing time, two weeks after the first sowing.

In the study, 14 soybean genotypes were used: 4 registered varieties and 10 breeding lines, from maturity group 0 to 00. Eleven of them possessed a determined growing stem, one of them with an indeterminate stem growing and two with semi-determinate growing type (Table 9).

N.	Soybean Genotype	Maturity Group	Stem Type	Maintainer
1	F10-1443	0	Det.	NARDI Fundulea
2	F13-908	00	Det.	NARDI Fundulea
3	F13-993	00	Det.	NARDI Fundulea
4	F13-1114	00	Det.	NARDI Fundulea
5	F13-1124	0	Det.	NARDI Fundulea
6	F13-1174	00	Det.	NARDI Fundulea
7	F14-878	00	Det.	NARDI Fundulea
8	F14-918	0	Det.	NARDI Fundulea
9	F15-749	0	Det.	NARDI Fundulea
10	F15-792	0	Det.	NARDI Fundulea
11	Anduța F	0	Det.	NARDI Fundulea
12	Florina F	0	InDet.	NARDI Fundulea
13	Larisa TD	0	SemiDet.	SCDA Turda
14	Teo TD	00	SemiDet.	SCDA Turda

Fable 9. So	vbean varieties	and bree	eding lines	s used in t	he field ex	periment.
	1					

Det. = Determined growing; InDet = Indeterminate growing; SemiDent = Semi-determinate growing; NARDI Fundulea = National Agricultural Research and Development Fundulea; SCDA Turda = Station of Agricultural Research Turda.

The plot dimension was 9 m². Distance between rows was 50 cm, with seeding rate of 55 germinable seeds m⁻². The seeds were treated with a product accepted in organic farming, 10% CuSO₄ solution. The applied tillage system (ploughing in autumn and a three disc harrow in the spring in each year) was uniform and no other inputs such as fertilizers, biostimulants, or bacterial treatments that could influence the crop production [53,54].

Two mechanical weeding works, and two manual weeding sessions were performed in the vegetation period. No irrigation or other plant protection products had been applied on the plots. Therefore, the applied technology was organic low-input.

Measurements

Soybean yield, expressed at 10% humidity, was determined by eliminating protective areas and harvesting the entire plot with a plot combine harvester. After that, a grain analyzer was used to determine the water content.

Weed density and cover were measured by counting the number of weeds per plot inside a frame of 0.25 m^2 in dynamics at three stages of plant development, in three replicates for each plot. Degree of infestation with weeds (%) for each genotype was visually estimated in all plots (replicates), both in the early sowing variant and control variant (sowing in optimal time).

Soybeans were sampled three times during the growing season: early season at the beginning of weed competition (trifoliate leaves), mid-season at peak crop growth (full flowering—R2), and at the beginning of maturity (R7) [55] for determining the weeds species.

At full flowering and pod setting, the percent cover of the crop and each weed species were estimated visually within each frame.

The density (plants m^{-2}) was determined by counting the number of plants from a 0.25 m^2 frame and multiplied by 4.

Names and abbreviations of weed species could be found on the EPPO database [56].

In the laboratory, a cold germination test was used to evaluate the seeds' vigor and the ability of seeds to produce normal seedlings under cold conditions. The method consisted of using a soil paste (soil moistened with 60% of its water-holding capacity) applied on a wet thick paper towel. Then, the seeds (100 in four replicates) are counted and placed on the towel and covered with a wet thin paper towel. The rolled paper towels were placed in a chamber with cold temperature of 6 °C for 7 days. The seedlings were transferred to a chamber at a temperature of 25 °C for an additional 4 days. Germ assessment was carried out after the completion of the 11 days based on the international norms regarding seed quality testing (ISTA-2006) and the ISTA Germ Assessment Manual.

In parallel, the warm germination test (control, at 25 $^{\circ}$ C) was carried out.

The germinative faculty and vigor elements, hypocotyl length, radicle length, and germ weight, were analyzed.

The length of hypocotyl and radicle were measured on each seed directly using a ruler. Dry weight of germ was determined after drying at 105 °C overnight.

The cumulative stress index (CSI) for low temperatures was calculated as the sum of the relative individual component responses at cold and optimal temperatures, according to the formula described by Koti et al. [57]

 $CSI = [(HLc - HLo)/HLo + (RLc - RLo)/RLo + (GWc - GWo)/GWo + (GFc - GF0)/GFo \times 100]$

where HL represents the hypocotyl length; RL is the radicle length; GW represents the germ weight; and GF is the germinative faculty at cold (c) and optimal (o) temperatures.

Statistical analysis of the data was performed by analysis of variance [58] calculated in Excel and by correlation analysis. The correlation coefficients (r) were calculated based on the linear regression analysis through the Excel program.

Author Contributions: Conceptualization, V.P. and A.B.; methodology, A.B.; software, C.L.; validation, I.C.T., M.P. and A.G.S.; formal analysis, L.C.; data curation, I.C.T. and M.P.; writing—original draft preparation, V.P.; writing—review and editing, I.C.T.; project administration, V.P.; funding acquisition, V.P. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by UEFISCDI, Romanian Ministry of Research, grant number 250/2021 in the project DIVERSILIENCE of ERA-NET Core organic Co-fund Program and European Union's Horizon 2020 and innovation programme under grant agreement No 771367 of ECOBREED project. The APC research was funded by UEFISCDI, Romanian Ministry of Research.

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

Acknowledgments: This research work was carried out with the support of the Centre of Research for Organic Agriculture and Seed Quality Laboratory of National Agricultural Research and Development Institute, Fundulea.

Conflicts of Interest: The authors declare no conflict of interest.

References

- Nget, R.; Aguilar, E.A.; Cruz, P.C.S.; Reaño, C.E.; Sanchez, P.B.; Reyes, M.R.; Prasad, P.V.V. Responses of Soybean Genotypes to Different Nitrogen and Phosphorus Sources: Impacts on Yield Components, Seed Yield, and Seed Protein. *Plants* 2022, 11, 298. [CrossRef] [PubMed]
- Duca, M.; Joiţa-Păcureanu, M.; Glijin, A. Effect of Orobanche cumana Wallr. on Fat Content in Different Sunflower (*Helianthus Annuus* L.) Genotzpes. In Proceedings of the Conservation of Plant Diversity, Kishinev, Moldova, 16–19 May 2012; pp. 96–102.
- Sinkovič, L.; Pipan, B.; Šibul, F.; Nemeš, I.; Tepić Horecki, A.; Meglič, V. Nutrients, Phytic Acid and Bioactive Compounds in Marketable Pulses. *Plants* 2023, 12, 170. [CrossRef]
- Divéky-Ertsey, A.; Gál, I.; Madaras, K.; Pusztai, P.; Csambalik, L. Contribution of Pulses to Agrobiodiversity in the View of EU Protein Strategy. Stresses 2022, 2, 90–112. [CrossRef]
- Thompson, S.J.; Koebernick, J.; Silva, L.S.; Mullenix, M.K.; Heaton, C.; Carrell, R.C.; Dillard, S.L. Forage Mass and Nutritive Value of Grain- and Forage-Type Soybean Cultivars Managed under Different Row Spacings and Clipping Heights. *Agronomy* 2023, 13, 487. [CrossRef]
- 6. Țîței, V. The Biochemical Composition and the Nutritive Value of Fodders from Soybean, Glycine Max, in Moldova. *Sci. Pap. Ser. D Anim. Sci.* **2022**, *65*, 97–102.
- Nair, R.M.; Boddepalli, V.N.; Yan, M.-R.; Kumar, V.; Gill, B.; Pan, R.S.; Wang, C.; Hartman, G.L.; Silva e Souza, R.; Somta, P. Global Status of Vegetable Soybean. *Plants* 2023, 12, 609. [CrossRef]
- Sereikaite, V.; Navaruckiene, A.; Jaras, J.; Skliutas, E.; Ladika, D.; Gray, D.; Malinauskas, M.; Talacka, V.; Ostrauskaite, J. Functionalized Soybean Oil- and Vanillin-Based Dual Cure Photopolymerizable System for Light-Based 3D Structuring. *Polymers* 2022, 14, 5361. [CrossRef]
- 9. Hu, S.; Liu, C.; Liu, X. The Beneficial Effects of Soybean Proteins and Peptides on Chronic Diseases. *Nutrients* **2023**, *15*, 1811. [CrossRef]

- Manea, A.; Muşat, I.B.; Eftene, A.; Muşat, M.; Răducu, D. The Public Goods and the Multi-Annual Variation of Biodiversity Associated to Soybean Crop. *Rom. Agric. Res.* 2020, 263–272. [CrossRef]
- 11. Pachkin, A.; Kremneva, O.; Leptyagin, D.; Ponomarev, A.; Danilov, R. Light Traps to Study Insect Species Diversity in Soybean Crops. *Agronomy* **2022**, *12*, 2337. [CrossRef]
- 12. De Oliveira, R.C.; de Souza e Silva, R.D. Increase of Agribusiness in the Brazilian Amazon: Development or Inequality? *Earth* **2021**, *2*, 1077–1100. [CrossRef]
- Karges, K.; Bellingrath-Kimura, S.D.; Watson, C.A.; Stoddard, F.L.; Halwani, M.; Reckling, M. Agro-Economic Prospects for Expanding Soybean Production beyond Its Current Northerly Limit in Europe. *Eur. J. Agron.* 2022, 133, 126415. [CrossRef]
- 14. Boulch, G.; Elmerich, C.; Djemel, A.; Lange, B. Evaluation of Soybean (*Glycine Max* L.) Adaptation to Northern European Regions under Different Agro-Climatic Scenarios. *In Silico Plants* **2021**, *3*, diab008. [CrossRef]
- 15. Sandu, M.; Popescu, G.; Paraschivescu, M.T. Study on the Crisis in the Pig Breeding Sector in Romania. In Proceedings of the 8th International Conference ESPERA, Bucharest, Romania, 9–10 December 2021; pp. 639–653.
- Leal, V.N.; Santos, D.D.; Paim, T.D.; Santos, L.P.; Alves, E.M.; Claudio, F.L.; Calgaro Junior, G.; Fernandes, P.B.; Salviano, P.A. Economic Results of Forage Species Choice in Crop—Livestock Integrated Systems. *Agriculture* 2023, *13*, 637. [CrossRef]
- Chetroiu, R.; Cişmileanu, A.E.; Cofas, E.; Petre, I.L.; Rodino, S.; Dragomir, V.; Marin, A.; Turek-Rahoveanu, P.A. Assessment of the Relations for Determining the Profitability of Dairy Farms, A Premise of Their Economic Sustainability. *Sustainability* 2022, 14, 7466. [CrossRef]
- Toomer, O.T.; Oviedo, E.O.; Ali, M.; Patino, D.; Joseph, M.; Frinsko, M.; Vu, T.; Maharjan, P.; Fallen, B.; Mian, R. Current Agronomic Practices, Harvest & Post-Harvest Processing of Soybeans (*Glycine max*)—A Review. *Agronomy* 2023, 13, 427. [CrossRef]
- 19. Dima, D.C. Soybean Crop in Romania, Bulgaria and the Republic of Moldova: Current Situation and Perspectives. *Agric. Agric. Sci. Procedia* **2015**, *6*, 3–8. [CrossRef]
- 20. Antofie, M.-M.; Sand-Sava, C. Genetically Modified Crops in Romania before and after the Accession of the European Union. *Agriculture* **2022**, *12*, 458. [CrossRef]
- 21. Petcu, V.; Dincă, L.; Toncea, I. The Effect of Crops and Farming Systems on Soil Quality. Sci. Pap. Ser. A Agron. 2014, 57, 58–63.
- Petcu, V.; Radu, I.; Grădilă, M.; Stanciu, V.; Bărbieru, A. Soybean Seed Scanning for Size, Genotype Color and Cercospora Blight Detection. *Sci. Pap. Ser. A Agron.* 2021, 64, 527–533. [CrossRef]
- 23. Georgescu, E.; Cană, L.; Gărgăriță, R.; Râșnoveanu, L. Researches Concerning Two Spotted Spider Mite (*Tetranychus urticae*) Control, at Soybean Crop, in South-East of the Romania. *An. Inst. Național Cercet. Dezvoltare Agric. Fundulea* **2016**, *84*, 209–229.
- Chețan, F.; Chețan, C.; Bogdan, I.; Pop, A.I.; Moraru, P.I.; Rusu, T. The Effects of Management (Tillage, Fertilization, Plant Density) on Soybean Yield and Quality in a Three-Year Experiment under Transylvanian Plain Climate Conditions. *Land* 2021, 10, 200. [CrossRef]
- Toleikiene, M.; Slepetys, J.; Sarunaite, L.; Lazauskas, S.; Deveikyte, I.; Kadziuliene, Z. Soybean Development and Productivity in Response to Organic Management above the Northern Boundary of Soybean Distribution in Europe. *Agronomy* 2021, *11*, 214. [CrossRef]
- Jarecki, W.; Bobrecka-Jamro, D. Effect of Sowing Date on the Yield and Seed Quality of Soybean (*Glycine Max* (L.) Merr.). J. Elem. 2021, 26, 7–18. [CrossRef]
- 27. Borowska, M.; Prusiński, J. Effect of Soybean Cultivars Sowing Dates on Seed Yield and Its Correlation with Yield Parameters. *Plant Soil Environ.* **2021**, *67*, 360–366. [CrossRef]
- 28. Feng, L.; Wang, H.; Ma, X.; Peng, H.; Shan, J. Modeling the Current Land Suitability and Future Dynamics of Global Soybean Cultivation under Climate Change Scenarios. *Field Crop. Res.* **2021**, *263*, 108069. [CrossRef]
- Matev, A.; Nikolova, M. Influence of the Irrigation Regime on the Soybeans (*Glycine max*) Root System. Rom. Agric. Res. 2022, 39, 259–267. [CrossRef]
- Matoša Kočar, M.; Josipović, M.; Sudarić, A.; Plavšić, H.; Beraković, I.; Atilgan, A.; Marković, M. Environment- and Genotype-Dependent Irrigation Effect on Soybean Grain Yield and Grain Quality. *Appl. Sci.* 2023, 13, 111. [CrossRef]
- Cohen, I.; Zandalinas, S.I.; Fritschi, F.B.; Sengupta, S.; Fichman, Y.; Azad, R.K.; Mittler, R. The Impact of Water Deficit and Heat Stress Combination on the Molecular Response, Physiology, and Seed Production of Soybean. *Physiol. Plant.* 2021, 172, 41–52. [CrossRef]
- Döttinger, C.A.; Hahn, V.; Leiser, W.L.; Würschum, T. Do We Need to Breed for Regional Adaptation in Soybean—Evaluation of Genotype-by-Location Interaction and Trait Stability of Soybean in Germany. *Plants* 2023, 12, 756. [CrossRef] [PubMed]
- 33. Ciucă, M.; Cristina, D.; Petcu, V.; Toncea, I. Screening Soybean Germplasm for Presence of Cda1 Allele Involved in Low Cadmium Accumulation Using Molecular Markers. *Rom. Agric. Res.* **2023**, *40*, 13–18. [CrossRef]
- 34. Kumagai, E.; Takahashi, T. Soybean (*Glycine max* (L.) Merr.) Yield Reduction Due to Late Sowing as a Function of Radiation Interception and Use in a Cool Region of Northern Japan. *Agronomy* **2020**, *10*, 66. [CrossRef]
- 35. Bastidas, A.M.; Setiyono, T.D.; Dobermann, A.; Cassman, K.G.; Elmore, R.W.; Graef, G.L.; Specht, J.E. Soybean Sowing Date: The Vegetative, Reproductive, and Agronomic Impacts. *Crop Sci.* 2008, *48*, 727–740. [CrossRef]
- 36. Patterson, D.T.; Flint, E.P. Comparative Water Relations, Photosynthesis, and Growth of Soybean (Glycine Max) and Seven Associated Weeds. *Weed Sci.* **1983**, *31*, 318–323. [CrossRef]
- Essl, F.; Biró, K.; Brandes, D.; Broennimann, O.; Bullock, J.M.; Chapman, D.S.; Chauvel, B.; Dullinger, S.; Fumanal, B.; Guisan, A. Biological Flora of the British Isles: Ambrosia Artemisiifolia. *J. Ecol.* 2015, 103, 1069–1098. [CrossRef]

- Mang, T.; Essl, F.; Moser, D.; Dullinger, S. Climate Warming Drives Invasion History of Ambrosia Artemisiifolia in Central Europe. Prezlia 2018, 90, 59–81. [CrossRef]
- Dong, Z.; Wang, H.; Li, X.; Ji, H. Enhancement of Plant Cold Tolerance by Soybean RCC1 Family Gene GmTCF1a. BMC Plant Biol. 2021, 21, 369. [CrossRef] [PubMed]
- 40. Cerezini, P.; Kuwano, B.H.; dos Santos, M.B.; Terassi, F.; Hungria, M.; Nogueira, M.A. Strategies to Promote Early Nodulation in Soybean under Drought. *Field Crop. Res.* 2016, 196, 160–167. [CrossRef]
- 41. Liu, X.; Jin, J.; Wang, G.; Herbert, S.J. Soybean Yield Physiology and Development of High-Yielding Practices in Northeast China. *Field Crop. Res.* **2008**, *105*, 157–171. [CrossRef]
- 42. Bărbieru, A. Variability of Yield and Chemical Composition in Some Romanian Soybean Genotypes. *Rom. Agric. Res.* 2021, *38*, 141–146. [CrossRef]
- Rezi, R.; Mureşanu, E.; Paşc, D.; Urdă, C.; Haş, I. Influence of Plant Densities on Some Yield Elements in Several Local and Foreign Soybean Cultivars in Transylvania Plain Conditions. *Rom. Agric. Res.* 2019, 36, 155–164. [CrossRef]
- 44. Petcu, V.; Stan, O.; Băduț, C.; Stanciu, V.; Bărbieru, A. Evaluarea Unor Genotipuri de Soia pentru Pretabilitatea la Semănat Timpuriu / Soybeans Genotypes Assessment for Early Sowing Possibility. *Analele I.N.C.D.A. Fundulea* **2020**, *88*, 187–199.
- 45. Specht, J.; Rees, J.; Elmore, R.; Mueller, N.; Glewen, K. Crop Watch; Bayer CropScience: St. Louis, MO, USA, 2019.
- Ziska, L.H.; Blumenthal, D.M.; Franks, S.J. Understanding the Nexus of Rising CO₂, Climate Change, and Evolution in Weed Biology. *Invasive Plant Sci. Manag.* 2019, 12, 79–88. [CrossRef]
- Little, N.G.; DiTommaso, A.; Westbrook, A.S.; Ketterings, Q.M.; Mohler, C.L. Effects of Fertility Amendments on Weed Growth and Weed–Crop Competition: A Review. Weed Sci. 2021, 69, 132–146. [CrossRef]
- 48. Braz, G.B.P.; Cruvinel, A.G.; Caneppele, A.B.; Takano, H.K.; Silva, A.G.; da Oliveira, R.S., Jr. Sourgrass Interference on Soybean Grown in Brazilian Cerrado. *Rev. Caatinga* **2021**, *34*, 350–358. [CrossRef]
- Robinson, A.P.; Conley, S.P.; Volenec, J.J.; Santini, J.B. Analysis of High Yielding, Early-planted Soybean in Indiana. Agron. J. 2009, 101, 131–139. [CrossRef]
- 50. Dragomir, V.; Brumă, I.S.; Butu, A.; Petcu, V.; Tanasă, L.; Horhocea, D. An Overview of Global Maize Market Compared to Romanian Production. *Rom. Agric. Res.* **2022**, *39*, 535–544. [CrossRef]
- 51. Wei, W.; Liu, T.; Shen, L.; Wang, X.; Zhang, S.; Zhang, W. Effect of Maize (*Zeal mays*) and Soybean (*Glycine max*) Intercropping on Yield and Root Development in Xinjiang, China. *Agriculture* **2022**, *12*, 996. [CrossRef]
- 52. Wang, X.; Wu, X.; Ding, G.; Yang, F.; Yong, T.; Wang, X.; Yang, W. Analysis of Grain Yield Differences Among Soybean Cultivars under Maize–Soybean Intercropping. *Agronomy* **2020**, *10*, 110. [CrossRef]
- 53. Căpățână, N.; Bolohan, C.; Oprea, C.A.; Marin, D.I. Influence of Soil Tillage Systems and Inoculation on Soybean Nodulation and Yield. *Sci. Pap. Ser. A Agron.* **2018**, *61*, 46–52.
- 54. Sîrbu, C.; Cioroianu, T.M.; Ionescu, N.; Marin, N.; Grigore, A. Effectiveness of Biostimulants Applied to Wheat, Sunflower and Soybean Crops. *Sci. Pap. Ser. A Agron.* **2022**, *1*, 520–525.
- Hicks, D.R. 2—Growth and Development. In Soybean Physiology, Agronomy, and Utilization; Norman, A.G., Ed.; Academic Press: New York, NY, USA, 1978; pp. 17–44, ISBN 978-0-12-521160-4.
- 56. European and Mediterranean Plant Protection Organization EPPO Global Database. Available online: https://gd.eppo.int (accessed on 25 April 2023).
- Koti, S.; Reddy, K.R.; Reddy, V.R.; Kakani, V.G.; Zhao, D. Interactive Effects of Carbon Dioxide, Temperature, and Ultraviolet-B Radiation on Soybean (*Glycine max* L.) Flower and Pollen Morphology, Pollen Production, Germination, and Tube Lengths. J. Exp. Bot. 2005, 56, 725–736. [CrossRef] [PubMed]
- 58. Ceapoiu, N. Metode Statistice Aplicate în Experiențele Agricole și Biologice/Statistical Methods Applied in Agricultural and Biological Experiments; Editura Agro-Silvică: Bucharest, Romania, 1968.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.