Plants – what Plants?

Sustainable and healthy protein crops

Kristian Holst Laursen

Department of Plant and Environmental Sciences

holst@plen.ku.dk









Plant Nutrients and Food Quality research group

Research group mission:

To provide new knowledge and recommendations regarding sustainable and resource efficient plant production that simultaneously delivers safe, authentic and nutritious food









Why is a transformation of our plant production needed?

- Food for billions
- Changing climate extreme weather conditions and reduced food security
- Reduced availability of natural resources (arable land, minerals, water, energy)
- Increased focus on food instead of feed
- Urgent demand for solution that can deliver healthy, safe and sustainable plant-based foods





How?

- Increased land usage?
- Increased harvest yields?
- Harvest yield versus plant quality?
- Novel crops and varieties?
- Novel production methods?
- Novel technology?
- Sustainable solutions in a changing climate?







Plant production systems and technology













Sustainable crops and healthy plants

- Improved utilization of light, carbon dioxide, water and nutrients
- Reduced use of non-renewable resources
- Circularity use of wastes and industrial side streams
- Climate tolerance
- Disease and pathogen resistance
- Stable yield
- Targeted production using less resources



Which crops for a plant-based diet?

- More than 300.000 different plant species
- 150-250 plant species are agriculturally relevant
- ~10 plant species deliver 95% of Worlds food and feed
- Wheat, rice and maize dominate globally (2/3 of the total yield)
- Barley, wheat, maize, grass and rape seed dominate in Denmark
- Urgent need for more protein crops









"Novel" crops for plant-based diets in a Danish perspective

Faba beans

Peas

Lupin

Lentils

Soybean

Oat

Quinoa

Amaranth

Buckwheat

Large differences in:

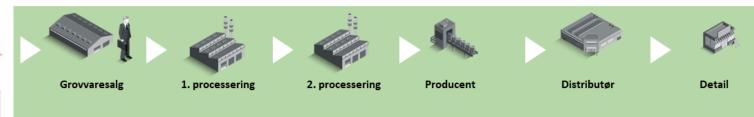
- Fertilization requirements
- Tolerance to drought, weeds, diseases, pathogens
- Harvest yield
- Functionality
- Taste
- Nutritional value
- Protein content
- Protein quality
- Anti-nutrient content



Healthy plants = healthy foods?

- Food quality (examples): Protein, lipids, carbohydrates, vitamins, minerals, anti-nutrients, heavy metals, pesticides
- Reduce the requirement for post-harvest processing
- Optimization starts in the field improve quality during plant growth
- Plant quality is controlled by agricultural management practice
- Use biology and agronomy!
- Interdisciplinary collaboration!







Peas & Love



(2022-2026)

- Pea yield stability, taste and quality potential of old cultivars for increased organic pea production
- Project coordinator: Dorte Bodin Dresbøll
- Participants:

























AQRIFood (2022-2024)

- Advancing the Quality of plant-based Raw materials and Ingredients for Food applications
- Project coordinator: Christian Bugge Henriksen
- Participants: See all 19 here <u>www.aqrifood.dk</u>
- Funding: nnovation Fund Denmark











Thank you for your attention

holst@plen.ku.dk







https://plen.ku.dk/english/research/plant_soil/plant-nutrients-and-food-quality/