







Environmental, social, and economic consequences of six food system strategies for Switzerland

Anita Frehner, Imke de Boer, Adrian Muller, Hannah van Zanten, Christian Schader

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Operating space for food systems



Source: EAT-Lancet



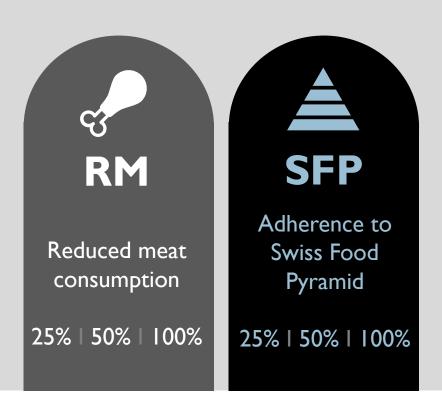
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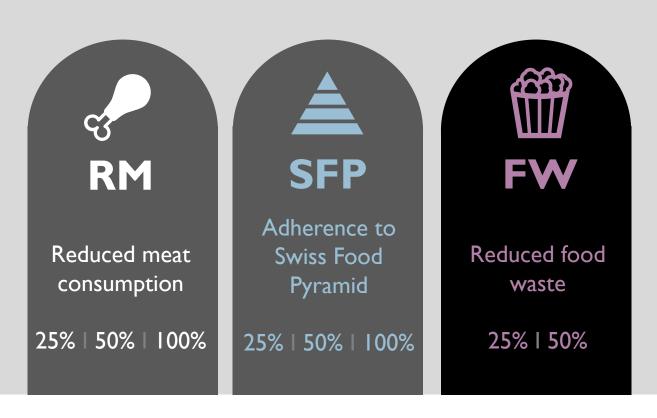




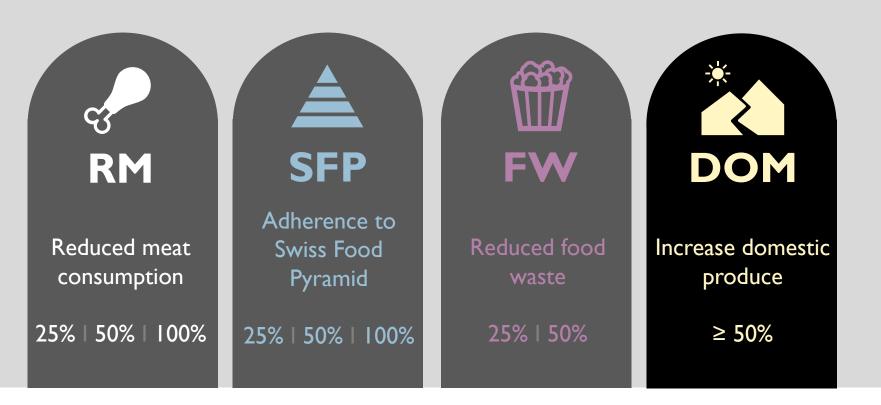




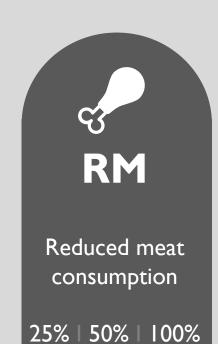












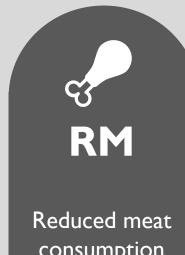












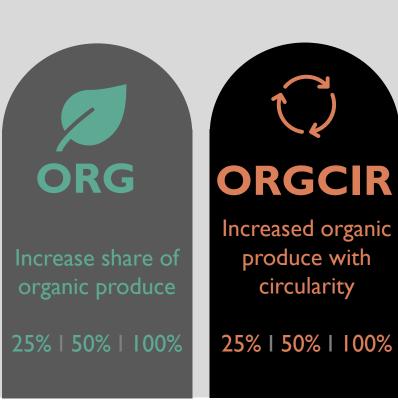




SFP











25% | 50% | 100%

Reduced meat

consumption



SFP

Adherence to Swiss Food Pyramid

25% | 50% | 100%



FW

Reduced food waste

25% | 50%



Increase domestic produce

≥ 50%



Increase share of organic produce

25% | 50% | 100%

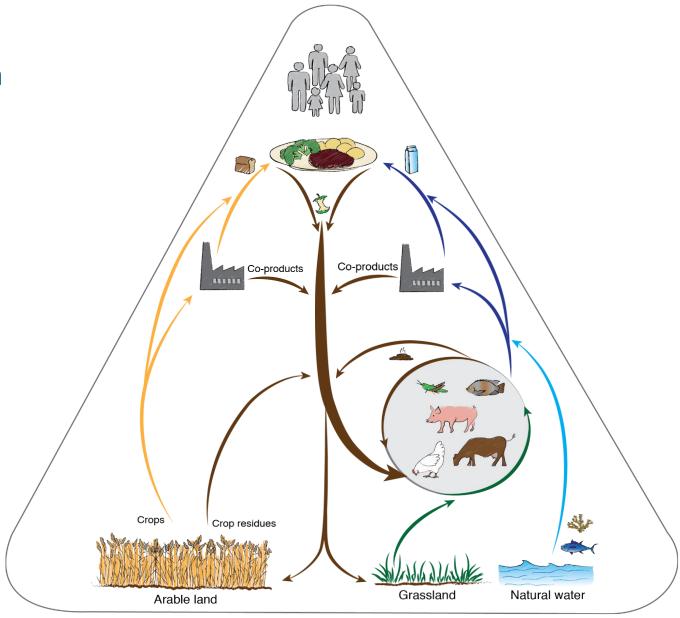


Increased organic produce with circularity

25% | 50% | 100%







Source: Van Zanten et al., 2019, *Global Food Security*



Reference: menuCH dietary recalls

Swis	ss Food Pyran	nid	menuCH dietary recalls
	1 P.	Süssigkeiten, salzige Snacks, Alkohol	4 Portionen
	wenig	Hinzugefügte tierische Fette	3-facher Überschuss
	25 g	Hinzugefügte pflanzliche Öle	12 g
	1 Portion	Fleisch, Fisch, Eier, Tofu	1,5 Portionen, Fleischüberschuss
	3 Portionen	Milch, Yoghurt, Käse	2 Portionen
	3 Portionen	Getreideprodukte, Kartoffeln	2,4 Portionen
	5 Portionen	Früchte, Gemüse	3,3 Portionen
	1-2 Liter	Kalorienarme Getränke	1,7 Liter



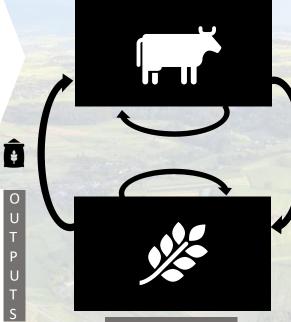


SOLm



EMISSIONS









Environmental impacts (greenhouse gas emissions, land use, nitrogen surplus)



Social risks
(Social Hotspots Index)



Diet quality
(Alternate Healthy Eating Index)



Consumer costs (costs)





20-40%

>40%

<20%

20-40%

>40%

no diff

GHGe Land N SHI AHEI Cost use surplus

		GHGe	Land use	N surplus	SHI	AHEI	Cost
	25%	-14.8%	-17.1%	-14.9%	-1.8%	2.1%	-6.0%
RM	50%	-29.1%	-32.5%	-28.7%	0.0%	13.6%	-11.0%
	100%	-55.3%	-56.0%	-51.0%	18.9%	17.9%	-17.0%

>40%

<20%

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no diff

20-40%

		GHGe	Land use	N surplus	SHI	AHEI	Cost
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RM	50%	-29.1%	-32.5%	-28.7%	0.0%	13.6%	-11.0%
	100%	-55.3%	-56.0%	-51.0%	18.9%	17.9%	-17.0%
	25%	-8.5%	-8.3%	-8.0%	2.6%	14.3%	-6.9%
▲ SFP	50%	-17.0%	-16.1%	-16.6%	5.3%	28.6%	-13.8%
	100%	-34.0%	-33.2%	-32.2%	10.6%	57.3%	-27.6%

>40%

<20%

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	25%	-8.5%	-8.3%	-8.0%	2.6%	14.3%	-6.9%
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	100%	-34.0%	-33.2%	-32.2%	10.6%	57.3%	-27.6%
	25%	-1.9%	-1.9%	-2.0%	-2.8%	0.0%	-2.4%
₩ FW	50%	-3.8%	-3.7%	-4.0%	-5.6%	0.0%	-4.9%

>40%

<20%

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no diff

20-40%

		GHGe	Land use	N surplus	SHI	AHEI	Cost
	25%	-14.8%	-17.1%	-14.9%	-1.8%	2.1%	-6.0%
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	100%	-34.0%	-33.2%	-32.2%	10.6%	57.3%	-27.6%
	25%	-1.9%	-1.9%	-2.0%	-2.8%	0.0%	-2.4%
₩ FW	50%	-3.8%	-3.7%	-4.0%	-5.6%	0.0%	-4.9%
DOM	50%	-0.3%	2.0%	-0.4%	-20.2%	0.0%	0.0%

>40%

<20%

>40%

no diff

20-40%

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	100%	-34.0%	-33.2%	-32.2%	10.6%	57.3%	-27.6%
	25%	-1.9%	-1.9%	-2.0%	-2.8%	0.0%	-2.4%
₩ FW	50%	-3.8%	-3.7%	-4.0%	-5.6%	0.0%	-4.9%
DOM	50%	-0.3%	2.0%	-0.4%	-20.2%	0.0%	0.0%
	25%	0.3%	8.3%	-15.0%	0.0%	0.0%	10.6%
ORG	50%	0.5%	16.7%	-30.0%	0.0%	0.0%	21.1%
	100%	1.0%	33.3%	-60.0%	0.0%	0.0%	42.2%

20-40%

>40%

<20%

>40%

no diff

			CHC	Land	N	CLII	A 1 1 5 1	
			GHGe	use	surplus	SHI	AHEI	Cost
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		100%	-55.3%	-56.0%	-51.0%	18.9%	17.9%	-17.0%
		25%	-8.5%	-8.3%	-8.0%	2.6%	14.3%	-6.9%
	≜ SFP	50%	-17.0%	-16.1%	-16.6%	5.3%	28.6%	-13.8%
		100%	-34.0%	-33.2%	-32.2%	10.6%	57.3%	-27.6%
	₩ FW	25%	-1.9%	-1.9%	-2.0%	-2.8%	0.0%	-2.4%
		50%	-3.8%	-3.7%	-4.0%	-5.6%	0.0%	-4.9%
	DOM	50%	-0.3%	2.0%	-0.4%	-20.2%	0.0%	0.0%
		25%	0.3%	8.3%	-15.0%	0.0%	0.0%	10.6%
	ORG	50%	0.5%	16.7%	-30.0%	0.0%	0.0%	21.1%
		100%	1.0%	33.3%	-60.0%	0.0%	0.0%	42.2%
		25%	-7.3%	-12.5%	-18.8%	0.0%	0.0%	10.6%
1	ORGCIR	50%	-14.6%	-28.1%	-37.5%	0.0%	0.0%	21.1%
		100%	-29.3%	-68.9%	-75.0%	0.0%	0.0%	42.2%

>40%

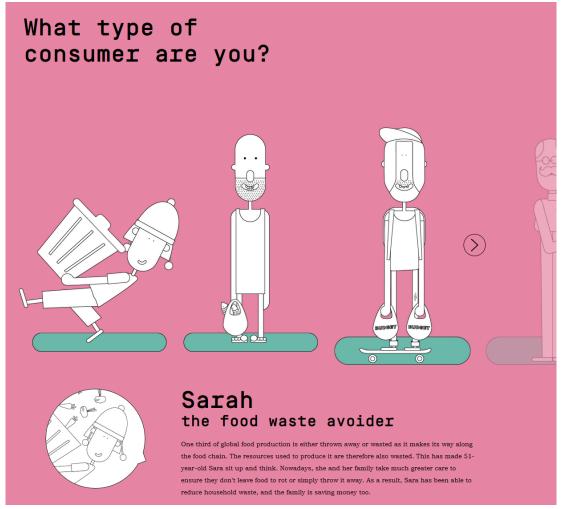
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>40%

no diff

20-40%

Healthy and sustainable: Simulator





http://healthyandsustainable.ch/en/simulator



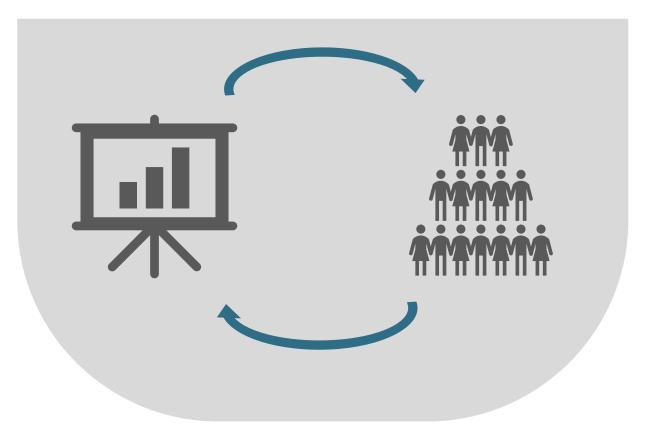
https://www.sge-ssn.ch/comic/

MORE SUSTAINABLE ENJOYMENT — THIS IS HOW IT WORKS!



What we eat and buy has an impact on our health, the environment, the economy, and on humans and animals — both in Switzerland and in other countries. How can we make sure our influence is as positive as possible? How can we eat in a way that is healthy and sustainable? Here are some ideas...

Deliberative diets – food system modelling in deliberative processes Outlook



- → Measures that are better supported and accepted (yet impactful)
- → Targeted policy recommendations



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