

1 CROP YIELD, WEED INFESTATION AND SOIL FERTILITY RESPONSES TO  
2 CONTRASTED PLOUGHING INTENSITY AND MANURE ADDITIONS IN A  
3 MEDITERRANEAN ORGANIC CROP ROTATION

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17 **Abstract**

18 Conservation agriculture and organic farming are two alternative strategies that aim to improve  
19 soil quality and fertility in arable cropping systems through reducing tillage intensity,  
20 maintaining soil cover and increasing nutrient recycling, using farmyard and green manures.  
21 However, these practices can increase weed infestation or decrease nutrient availability. The  
22 objectives of this study were to evaluate the effects of tillage type (mouldboard vs. chisel  
23 ploughing), fertilization and green manure on soil parameters (SOC, N, bulk density, carbon  
24 stocks, and soil microbial biomass  $C_{mic}$  and  $N_{mic}$ ), weed abundance and crop yields in a four-  
25 year rotation of spelt, chickpea, winter wheat and lentil in the Mediterranean region (Catalonia,  
26 Spain). Tillage and green manure did not affect crop yields or weed biomass, although during  
27 the last year of the experiment, plots with mouldboard ploughing had less weed biomass and  
28 higher lentil biomass. Fertilization was the most important factor, increasing the cereal yields,  
29 SOC, N and soil microbial biomass ( $C_{mic}$  and  $N_{mic}$ ) content of the soil. However, fertilization did  
30 not favour chickpea and lentil crops because weed competition limited legume crop growth.  
31 Overall, there was a loss of SOC and a reduction of carbon stocks over the four years of the trial  
32 in the soil because of the deep soil tillage (25 cm) and low crop productivity irrespective of  
33 tillage type. In contrast, N content increased in all of the plots and was enhanced by fertilization.  
34 The use of chisel plough stratified the distribution of SOC and N in the surface layers (0-10  
35 cm). Both  $C_{mic}$  and  $C_{mic}/SOC$  ratio increased in fertilized treatments, suggesting an increased  
36 lability of SOC. The application of more stabilized organic matter may be a better practice to  
37 build up soil organic matter and to maintain crop yields in organic farming systems.

38

39 **Keywords:** chisel plough; carbon stock; amendments; microbial biomass; cover crop

40

## 41 1. INTRODUCTION

42 Soils play a key role in agricultural systems because they represent the basis of food production  
43 (Fließbach et al., 2007). However, most arable soils are prone to degradation, mainly caused by  
44 intensive soil use (Gadermaier et al., 2012). Crop rotation, cover crops and reduced or no tillage  
45 practices aim to improve soil quality in arable cropping systems. Farmyard manure and green  
46 manure (organic fertilizers) can also contribute to soil fertility and quality. While most of these  
47 practices are used in organic farming cropping systems, the adoption of reduced tillage practices  
48 is not widespread in such systems (Gadermaier et al., 2012). The increase of weed infestation  
49 and the limited availability of N mainly at the beginning of the growing season are probably the  
50 main problems that reduced tillage pose to organic farmers (Gadermaier et al., 2012; Peigné et  
51 al., 2007; Sans et al., 2011). On the other hand, reduced tillage is highly suited to conserve soil  
52 fertility and prevent erosion (Berner et al., 2008; Gadermaier et al., 2012) by enhancing soil  
53 organic carbon (SOC) content, microbial activity and soil structure (Mäder and Berner, 2012;  
54 Peigné et al., 2013).

55 Cover crops can also contribute to the accumulation of organic matter in the upper soil layer and  
56 they can reduce weed infestation (Hobbs et al., 2008; Masilionyte et al., 2017). However, the  
57 use of cover crops must consider the possible consequences of competition for nutrients and  
58 water with cash crops (Plaza-Bonilla et al., 2017).

59 Crop production in organic farms is often limited by the lack of nitrogen. In such farms nitrogen  
60 inputs are needed to restore the amount of N depleted by crops (Fließbach et al., 2007). The use  
61 of organic fertilizers, in one hand, is an effective way to increase soil organic matter content  
62 (Alvarez, 2005) and N availability (Krauss et al., 2010; Lal, 2009; Maltas et al., 2013). On the  
63 other hand, suitable crop rotations containing legumes are fundamental to produce surpluses in  
64 N budgets (Gadermaier et al., 2012). However, the residue from a cover crop rich in legume  
65 species is often mineralised very fast, and nutrients can be released before the demands of the

66 subsequent cash crop (Pang and Letey, 2000) and thus be lost or used by weeds. Therefore, the  
67 use of cover crops for supplying N to crops must be adapted to the reduced tillage systems  
68 (Peigné et al., 2007). In consequence, it is considered of great interest to gain knowledge on the  
69 N dynamics after the introduction of green manures and reduced tillage practices in organic  
70 arable cropping systems.

71 Links between C and N cycling are important to understand N supply in arable systems. The  
72 application of organic manures, and reducing tillage intensity can increase the SOC in topsoil,  
73 improve soil physical and biological properties and lead to reduced carbon losses or even to  
74 increased soil carbon storage in the soil (Cooper et al., 2016; Gattinger et al., 2012). In addition,  
75 soil microbiological activity is of primary importance in organic farming because N supply is  
76 mainly dependent on the degradation of soil organic matter by soil micro-organisms (Vian et al.,  
77 2009). In this case, and because of their high sensitivity, C and N in soil microbial biomass can  
78 be used as indicators of changes in soil owing to management in the short term (Fließbach et al.,  
79 2007).

80 Few experiments integrate reduced tillage into organic farming systems, and most of them are  
81 performed in temperate climates (Berner et al., 2008; Krauss et al., 2010; Peigné et al., 2007;  
82 Pekrun et al., 2003). So far, in Mediterranean climates reduced tillage practices have been  
83 studied only in conventional systems (Kassam et al., 2012; López-Garrido et al., 2014; Ward et  
84 al., 2012), and thus there is a lack of long term reduced tillage studies in organic systems. The  
85 low organic matter content with poor soil structure of the Mediterranean arable soils and the  
86 climatic constraints that limit plant growth during summer may constrain the chances to  
87 improve soil quality by means of reduced tillage and green manures (Kassam et al., 2012;  
88 Romanyà and Rovira, 2011; Hernanz et al, 2009).

89 Our aims were to study the effects of reduced tillage, farmyard manure and green manure (cover  
90 crop) on crop yields, weed abundance and soil organic C stocks and N availability. To address

91 these aims we set in 2011 a mid-term experiment that was monitored during a four-year rotation  
92 of spelt (*Triticum spelta* L., 2011-12), chickpea (*Cicer arietinum* L., spring 2013), winter wheat  
93 (*Triticum aestivum* L., 2013-14) and lentil (*Lens culinaris* Medik., spring 2015).

94 We hypothesized that a) the lower disturbance of the soil profile by reduced tillage plus the  
95 addition of farmyard and green manures contribute to an increase, or at least maintain SOC and  
96 N stocks. These changes, combined with the increased stability of the soil system, b) will  
97 increase microbial biomass and N availability; and c) will allow a sustainable crop performance  
98 in reduced tillage organic crops.

99

## 100 2. MATERIALS AND METHODS

### 101 2.1. Site conditions

102 In November of 2011, a midterm field experiment was initiated in Gallecs (41°33'31.9"N  
103 2°11'59.5"E), a peri-urban agricultural area of 753 ha situated 15 km north of Barcelona  
104 (Catalonia, Spain). Gallecs has a Mediterranean climate; the mean annual temperature and  
105 precipitation are 14.9 °C and 647 mm, respectively. At the beginning of the experiment, the soil  
106 properties of the field were evaluated. On average, the mineral fraction consisted of 43.3 ±  
107 6.9 % sand, 26.9 ± 4.7 % loam and 29.7 ± 3.7 % clay; the texture was classified as loamy-clay  
108 (Soil Survey Staff, 1998); the soil type was Haplic Luvisol (IUSS Working Group WRB, 2015);  
109 the average soil organic matter was 1.5 ± 0.1 % (Walkley-Black); and the pH (H<sub>2</sub>O) was 8.1 ±  
110 0.1.

### 111 2.2. Field experiment

112 The trial consisted of a four-year crop rotation in a strip-split-block design of three factors (with  
113 two levels each): tillage system (mouldboard ploughing (P) vs. chisel (C)), fertilization  
114 (composted farmyard manure (+F) vs. no fertilizer (-F)) and green manure (with green manure

115 (+G) vs. no green manure (-G)). The factors were arranged with tillage treatments laid out in  
116 strips; fertilization was applied in perpendicular strips across the experiment, and the tillage  
117 strips were split into subplots for the green manure treatment. In total, 32 plots measuring 13 m  
118 × 12 m were established, comprising four replicates of each treatment (Figure 1). The field had  
119 been under organic management for five years prior to the trial establishment, with a typical  
120 dryland Mediterranean crop rotation that alternated winter cereals and legumes in spring for  
121 human consumption. The crop rotation of this trial consisted of spelt (2011–2012), chickpea  
122 (2013), winter wheat (2013-2014) and lentil (2015) (Figure 2).

123 Two tillage systems were used: a mouldboard plough (P) (soil inversion at 25 cm depth) plus a  
124 rotary harrow (5 cm depth), and a chisel plough (C) (no soil inversion at 25 cm depth) plus a  
125 rotary harrow (same as for the mouldboard plough). The fertilization treatment (+F) consisted of  
126 partially composted farmyard manure, composed of cattle manure and plant residues, obtained  
127 without managing and controlling the process, by gradually accumulating the material that was  
128 seasonally available, according to the normal practice used in the area. In consequence, the  
129 composted manure had a variable composition. The manure was applied every year before  
130 sowing the main crop. The total amount of manure applied each year differed in relation to the  
131 nutrient availability in the fertilizer and the nutritional demands of each crop (Table 1). The  
132 organic fertilizers were mixed in the soil by means of a chisel or mouldboard plough in  
133 accordance with the tillage treatment. In September 2012 and 2014, cover crops (+G) were  
134 sown in the corresponding 16 plots, consisting of a mixture of oat (*Avena sativa* L.), white  
135 mustard (*Sinapis alba* L.), bitter vetch (*Vicia ervilia* (L.) Willd.) and common vetch (*Vicia*  
136 *sativa* L.) (Table 1). At the end of March of the following year, cover crops (as well as the  
137 weeds developing in –G treatment) were incorporated into the soil as green manure by disc  
138 harrowing.

139 Weeds were not controlled during the first year of the crop rotation due to an extremely  
140 prolonged rainy period that prevented the mechanical post-emergence weeding. In the second

141 year of the rotation, weeds were controlled with an inter-row cultivator adapted to pass between  
142 the seeding rows of chickpea. The third year of the rotation, weeds were controlled with a flex-  
143 tine harrow during the wheat crop season. Finally, the last year of the rotation, lentil was  
144 established poorly because of drought and was outcompeted by weeds despite the manual  
145 removal of lamb's quarters individuals (*Chenopodium album* L.), which was the most important  
146 weed during the lentils' growth (Table 1).

### 147 2.3. Weed and crop assessment

148 Crop density was evaluated every year once the crop plants were well-established. The  
149 individuals were counted in a sample 0.5 m long, comprising two crop lines in four replicates in  
150 each plot.

151 Before crop harvest, four permanent square frames of 1 m<sup>2</sup> were randomly established, one in  
152 each quarter of the plot, to assess weed and crop aboveground biomass. The total aboveground  
153 biomass of weeds and crop was harvested in each frame and oven-dried at 60 °C for 48 h. The  
154 aboveground biomass of green manure and weeds was also evaluated during the green manure  
155 period. Grain crop yield was assessed in the inner 9 m × 8 m of each plot by a plot combine  
156 each year (except for lentils). The straw of the crops was not removed from the field and was  
157 incorporated with the stubble into the soil by disc harrowing at 10 cm deep. The spelt straw was  
158 chopped by a hammer straw chopper before being incorporated

### 159 2.4. Soil sampling and analyses of SOC, N, bulk density and carbon stocks

160 In November 2011 and 2015, the soil was studied at four depths: from 0 to 10 cm, from 10 to  
161 20 cm, from 20 to 30 cm and from 30 to 40 cm. The first two depths were sampled in all of the  
162 plots, whereas the two deepest soil layers were sampled only in plots with farmyard manure and  
163 green manure with mouldboard ploughing and with chisel ploughing (P + F + GM and C + F +  
164 GM). To study soil bulk density, 3 soil cores of 6.2 cm diameter and 10 cm deep were extracted

165 in each soil layer at each plot. Soil samples were oven-dried at 90-100 °C for 48 h. Soil bulk  
166 density was calculated according to the following formula: Bulk density ( $\text{g cm}^{-3}$ ) = dry soil  
167 weight (g) / core volume ( $\text{cm}^3$ ).

168 To study total soil organic carbon (SOC) and total nitrogen content (N), 20 soil cores of 2.5 cm  
169 of diameter were systematically extracted every 2 meters of distance in each plot. Each set of 20  
170 cores extracted at each plot and depth constituted a sample. Soil samples were kept in plastic  
171 bags, properly labelled, in a fridge at 4 °C until analysis. Samples were air dried and sieved on a  
172 2 mm mesh. A minimum amount of 50 g dried soil was prepared for SOC and N analysis, and  
173 the rest was separated for the soil microbial analyses (see below section 2.5). Total carbon and  
174 total nitrogen were analysed through dry combustion with a LECO© Truspec CHNS analyser  
175 (Bremner, 1996). The Walkley-Black procedure/ISO 14235 was finally chosen to indirectly  
176 estimate the soil organic carbon (SOC) due to the high proportion of carbonates.

177 Based on the soil bulk density and SOC, carbon stocks were calculated according to the  
178 following formula (Lee et al., 2009): Soil carbon stock ( $\text{g m}^{-2}$ ) = soil carbon content  
179 ( $\text{mg g}^{-1}$ )  $\times$  depth of soil layer (m)  $\times$  area ( $\text{m}^2$ )  $\times$  bulk density ( $\text{g cm}^{-3}$ )  $\times 10^6$ .

## 180 2.5. Soil microbial biomass analyses

181 All of the soil microbial analyses were carried out on moist soil samples adjusted to a water  
182 content corresponding to 40–50 % of maximum water retention capacity. The soil microbial  
183 biomass ( $C_{\text{mic}}$  and  $N_{\text{mic}}$ ) was estimated using chloroform fumigation extraction (CFE) following  
184 Vance et al. (1987). CFE was done in triplicate on 20 g (dry matter) subsamples that were  
185 extracted with 80 ml of a 0.5 M  $\text{K}_2\text{SO}_4$  solution. Total organic carbon (SOC) in soil extracts was  
186 determined by infrared spectrometry after combustion at 850°C. Total nitrogen (N) was  
187 measured subsequently in the same sample by chemoluminescence. The soil microbial biomass  
188 was then calculated according to the formula:  $C_{\text{mic}}$  ( $\mu\text{g g}^{-1}$  oven dry soil) =  $\text{EC}/k_{\text{EC}}$ , where  $\text{EC}$  =  
189 (SOC in fumigated samples - SOC in control samples) and  $k_{\text{EC}} = 0.45$  (Joergensen, 1996).  $N_{\text{mic}}$



190 ( $\mu\text{g g}^{-1}$  oven dry soil) =  $\text{EN}/k_{\text{EN}}$ , where  $\text{EN} = (\text{N extracted from fumigated samples} - \text{N}$   
191  $\text{extracted from control samples})$  and  $k_{\text{EN}} = 0.40$  (Joergensen and Mueller, 1996).

## 192 2.6. Statistical analyses

193 The individual and combined effects of the type of tillage (P vs. C), fertilization (+F vs. -F) and  
194 green manure (+G vs. -G) on crop yields (spelt, chickpea, winter wheat), lentil aboveground  
195 biomass and weed aboveground biomass were evaluated using linear mixed effects models. For  
196 spelt crop, the factor of green manure was not analysed because the green manure crop was  
197 implemented after it. The weed biomass was introduced in the models as a covariate to evaluate  
198 the effect of weeds on grain yields (or crop biomass, when yield was not available). Tillage,  
199 fertilization and green manure were used as fixed factors, and the block was introduced as a  
200 random factor. The normality of residuals was verified using the Shapiro-Wilk test, and  
201 homoscedasticity was assessed using Bartlett's test. To meet the normality and  
202 homoscedasticity requirements, we used logarithmic or square root transformation on the data  
203 when necessary. The same statistical procedure was followed to analyse the effects of tillage,  
204 fertilization, green manure and depth of the soil layers and the interaction between the factors on  
205 the following soil parameters: SOC, N, soil bulk density, carbon stocks, and soil microbial  
206 biomass ( $C_{\text{mic}}$  and  $N_{\text{mic}}$ ). The changes in soil quality indicators over the 4-year rotation were also  
207 studied, comparing soil samplings carried out twice during the experiment ( $\Delta = t_f - t_i$ ). The first  
208 analysis was performed at the beginning of the trial, representing the initial status of the soil ( $t_i$ ),  
209 and the second analysis was performed at the end of the experiment ( $t_f$ ). All the analyses were  
210 performed in R version 3.2.2 (R Development Core Team, 2015) using the package lme4 (Bates  
211 et al., 2015) for linear mixed effects model fitting.

212

## 213 3. RESULTS

### 214 3.1. Crop yields and weed biomass

215 No differences in the density (individuals/m<sup>2</sup>) of the established crops were found between  
216 treatments in the first two years (spelt and chickpea), although the establishment of winter  
217 wheat and lentil differed according to the type of tillage and the presence or not of green manure  
218 the previous year (wheat) or months (lentil). Wheat establishment was significantly higher in  
219 plots with mouldboard ploughing and no green manure compared to chisel (T (P vs. C) × G (+G  
220 vs. -G): p = 0.009). More plants of lentil emerged in plots with no green manure in general, and  
221 in plots with green manure, crop emergence was significantly higher in plots with mouldboard  
222 ploughing ((T (P vs. C) × G (+G vs. -G): p = 0.04).

223 The winter wheat crop had the highest yields (3200 ± 280.08 kg ha<sup>-1</sup>), followed by spelt (2328  
224 ± 100.51 kg ha<sup>-1</sup>) and chickpea (384 ± 65.38 kg ha<sup>-1</sup>). Lentil did not produce grain because  
225 extended drought dramatically affected both flowering and fruiting. Cereal yields were  
226 significantly higher in plots with fertilization; both the spelt and winter wheat yields were  
227 higher in plots with farmyard manure (Table 2 and Figure 3). Legumes did not follow the same  
228 trend; the chickpea yield and lentil biomass did not vary in relation to fertilization. Regarding  
229 the effects of the type of tillage and the incorporation of cover crops as green manure, crop  
230 yields did not vary significantly, with the exception of lentil biomass. The lentil biomass was  
231 significantly higher in plots that underwent mouldboard ploughing (Table 2 and Figure 3).

232 The effect of tillage on aboveground weed biomass varied over time. Although no significant  
233 differences were found in the first two crops in the rotation, the aboveground weed biomass was  
234 significantly lower in plots tilled with mouldboard ploughing than in plots tilled with chisel  
235 ploughing during wheat and lentil crop. The incorporation of the cover crop as green manure did  
236 not affect weed biomass during subsequent crops of chickpea (in the same year) and winter  
237 wheat (in the following year). However, in the fourth year (during the lentil crop), weed

238 biomass was significantly higher in plots in which cover crops had been incorporated into the  
239 soil prior to lentil seeding. No statistically significant interaction between factors were found,  
240 with the exception of a significant lower weed biomass in plots with fertilization and  
241 mouldboard ploughing in the spelt crop (Table 2).

242 The results showed that the weed biomass did not affect spelt and winter wheat grain yield  
243 (slope for the effect of weed biomass on spelt yield:  $1.60 \pm 4.17$ ,  $p = 0.7$  and slope for the  
244 effect of weed biomass on winter wheat yield:  $-6.54 \pm 26.99$ ,  $p = 0.8$ ). In contrast, chickpea  
245 yield and lentil biomass correlated negatively with weed biomass (slope for the effect of weed  
246 biomass on chickpea yield:  $p < 0.001$  and slope for the effect of weed biomass on lentil  
247 biomass:  $p = 0.003$ ).

248 Green manure biomass did not differ between treatments in 2013 or 2015. The analysis of the  
249 effect of the green manure on weed abundance and on the crop yield of the subsequent crop  
250 demonstrates that cover crop was effective in controlling weeds during its growing season but  
251 not the following year. The effect of green manure on the control of weed biomass was  
252 statistically significant (+G vs. -G:  $p < 0.001$  in 2013 and 2015).

### 253 3.2. Changes in SOC and N during the four years of the experiment

254 Overall, SOC decreased significantly ( $t_f$  vs.  $t_i$ ;  $p < 0.001$ ) in all of the treatments over the 4-year  
255 rotation of the experiment, with the exception of the soil layer between 0 to 10 cm deep in plots  
256 with chisel plough and fertilization. In contrast, N content increased across all the treatments ( $t_f$   
257 vs.  $t_i$ ;  $p < 0.001$ ) (Table 3 and Figure 4). The highest SOC losses occurred at superficial soil  
258 layers (0 to 10 cm) of plots without fertilization. SOC decreases were significantly higher at  
259 deeper soil layers (10 to 20 cm) of plots with chisel plough (C) than of plots with soil layers  
260 inversion using mouldboard ploughing (P) (Table 4). Although no significant interaction was  
261 found between the type of tillage and fertilization, our results showed that SOC content at 0 to  
262 10 cm was maintained over the 4-year rotation in plots with chisel and fertilization (Table 3 and  
263 Figure 4).

264 Regarding the changes in N content, the highest increases occurred in plots with fertilization  
265 (Table 3). The type of tillage also affected  $\Delta N$ ; plots with chisel ploughing had higher increase  
266 than plots with mouldboard ploughing (Table 4 and Figure 4). However, this significant  
267 increase in  $N_t$  content occurred at the top soil layer of plots with chisel and fertilization, as  
268 indicated by the significant interaction between fertilization, tillage and soil layer (Table 4).  
269 Green manure did not show any effect. No significant differences were found in  $\Delta SOC$  and  
270  $\Delta N_{tot}$  over the 4-year rotation of the trial according to the presence of green manure.

271 Overall, the C:N ratio of the soil decreased by 32 % after the four years ( $t_f$  vs.  $t_i$ ;  $p < 0.001$ ), and  
272 there was a significant interaction between tillage and fertilization, indicating a higher C:N ratio  
273 in plots with fertilization and reduced tillage compared to plots with mouldboard ploughing,  
274 irrespective of the soil layer (Table 4).

### 275 3.3. Bulk density and carbon stocks after four years of reduced tillage and organic 276 inputs

277 After four years of the experiment, soil bulk density did not vary significantly in relation to the  
278 different experimental factors. Deeper soil layers had a higher bulk density than surface layers,  
279 but this pattern was not associated with the type of tillage or the organic fertilizer inputs, such as  
280 composted farmyard manure and green manure (Table 5).

281 Carbon stocks, assessed from the SOC content and the soil bulk density of soil samples in  
282 different soil layers, were significantly higher in plots fertilized with composted farmyard manure  
283 and were higher at deeper soil layers from 10 to 20 cm (Table 5), although this is mainly  
284 associated with higher bulk density. Furthermore, there was a significant interaction with the type  
285 of tillage and green manure; higher carbon stocks were detected in plots with chisel and green  
286 manure. The effect of the treatments at different soil layers showed some significant results as  
287 well. Carbon stocks were higher at deeper soil layers in plots with fertilization, and the plots with  
288 mouldboard ploughing presented lower carbon stocks at superficial soil layers (Table 5).

289 The diachronic analyses of carbon stocks over the 4-year rotation at four different soil layers (0 to  
290 10 cm, 10 to 20 cm, 20 to 30 cm and 30 to 40 cm) in relation to the tillage (P +F + GM and C + F  
291 + GM) indicate that carbon stocks were significantly lower in deeper soil layers (soil layer 20 to  
292 30 cm vs. superficial soil layers:  $p < 0.001$ ; and 30 to 40 cm vs. superficial soil layers:  $p < 0.001$ ).

293 Overall, carbon stocks decreased after four years, irrespective of the soil layer ( $p = 0.01$ ), and the  
294 negative effect of soil layer inversion using mouldboard ploughing was only statistically  
295 significant in the two upper soil layers (0 to 10 and 10 to 20 cm,  $p < 0.001$ ).

#### 296 3.4. Changes in soil microbial biomass

297 Soil microbial biomass (assessed as the  $C_{mic}$  and  $N_{mic}$ ) was significantly higher in plots with  
298 farmyard manure (Table 6 and 7). Furthermore, soil microbial biomass was lower at deeper soil  
299 layers, and the significant interaction with fertilization reflects differences in  $C_{mic}$  and  $N_{mic}$  in  
300 fertilized and unfertilized plots (Table 7). Superficial soil layers showed greater differences  
301 between fertilized and plots without fertilization in  $C_{mic}$  and  $N_{mic}$ , compared to soil layers at 10  
302 to 20 cm. Plots with mouldboard ploughing showed similar  $C_{mic}$  at 0-10 cm depth and at 10 to

303 20 cm depth; conversely, plots with chisel ploughing showed significantly higher microbial  
304 biomass at superficial soil layers compared to the deeper soil layers (Table 6 and Figure 5). The  
305 highest  $C_{mic}$  was observed in superficial layers (0 to 10 cm) in plots with farmyard manure and  
306 chisel ploughing (Figure 5).  $N_{mic}$  did not vary significantly between soil layers in interaction  
307 with tillage, and  $C_{mic}$  and  $N_{mic}$  were not significantly affected by the presence or absence of  
308 green manure (Table 6 and 7).

309 The comparison of  $C_{mic}$  and  $N_{mic}$  between superficial and deeper soil layers in relation to the  
310 tillage (plots P +F + GM vs. plots C + F + GM) indicate that both  $C_{mic}$  and  $N_{mic}$  were decreased  
311 in deeper soil layers (20 to 30 cm  $C_{mic}$ :  $p < 0.001$ ,  $N_{mic}$ :  $p < 0.001$  and 30 to 40 cm  $C_{mic}$ :  $p < 0.001$ ,  
312  $N_{mic}$ :  $p < 0.001$ ), although no significant differences were found in relation to tillage (data not  
313 shown).

314 The differences in  $C_{mic}$  and  $N_{mic}$  between the first and last year of the trial ( $\Delta C_{mic}$  and  $\Delta N_{mic}$ ) did  
315 not vary in relation to the individual factors (tillage, fertilization and green manure).  $C_{mic}$   
316 increased overall after the four years of the trial ( $t_f$  vs.  $t_i$ :  $p < 0.001$ ). Significant interactions were  
317 found between fertilization, tillage and soil depth, indicating higher increases of  $C_{mic}$  in plots  
318 with chisel plough (T: P vs. C:  $p < 0.001$ ) and fertilization (F: + vs. -:  $p < 0.001$ ) at 0 to 10 cm and  
319 decreases in the 10 to 20 cm layer (depth 10 to 20 vs. 0 to 10 cm:  $p < 0.001$ ). In contrast, plots  
320 with mouldboard ploughing did not show significant changes in  $C_{mic}$  at different soil depths.

321 The  $N_{mic}$  decreased, in general, in all the plots after the four years of the trial ( $t_f$  vs.  $t_i$ :  $p < 0.001$ ),  
322 but the highest losses of  $N_{mic}$  were at superficial soil layers (depth 10 to 20 vs. 0 to 10 cm:  
323  $p < 0.001$ ). Additionally, there was a significant interaction between the year and the type of  
324 tillage, indicating lower  $N_{mic}$  values in the last year in plots with chisel (T: P vs. C:  $p = 0.02$ );  
325 this was associated with the superficial layers, although no significant interactions were found  
326 (data not shown).

327 The  $C_{mic}/SOC$  ratio increased in all of the plots after the four years of the experiment ( $t_f$  vs.  $t_i$ :  
328  $p < 0.001$ ). Furthermore, the  $C_{mic}/SOC$  after the four years of the experiment varied significantly  
329 with soil depth, and this factor also interacted significantly with the fertilization and the type of  
330 tillage (Table 7). We found the highest ratio at the superficial layers in plots with chisel plough  
331 and no fertilization compared to plots with chisel plough and no fertilization at deeper soil  
332 layers (Table 7 and Figure 5).

333

## 334 4. DISCUSSION

### 335 4.1. Crop yields and weed biomass

336 Our study reveals that fertilization is the most important factor affecting crop yields, particularly  
337 during the cereal cropping period. Organic systems rely upon the use of organic fertilizers and  
338 amendments that typically release nutrients (especially N) at a slower rate compared with  
339 mineral fertilizers. Nitrogen inputs are critical to the productivity of these systems, and the  
340 application of farmyard manure seems to be effective to maintain cereal yields (Fließbach et al.,  
341 2007; Maltas et al., 2013). Conversely, the grain yield of chickpea and aboveground biomass of  
342 lentil were not increased by fertilization. In general, legumes do not need supplemental N  
343 fertilization (Clayton et al., 2003) because they can obtain a significant proportion of its N by  
344 symbiotic nitrogen fixation (Walley et al., 2005).

345 The type of tillage had no significant effects on grain yields of cereals (spelt and winter wheat)  
346 and chickpea. Other studies under Mediterranean conditions obtained similar results (López-  
347 Garrido et al. 2014). However, many studies from temperate regions reveal lower crop yields in  
348 systems with no soil layer inversion by chiselling (Cooper et al., 2016) because of a  
349 combination of a shortage of nutrients and competition from weeds (Mäder and Berner, 2012;  
350 Peigné et al., 2013). Indeed, the lower biomass of lentil in plots with reduced tillage can be  
351 explained by the higher weed biomass under these conditions.

352 The positive effect of fertilization and mouldboard ploughing in controlling weeds in spelt and  
353 winter wheat highlights the importance of both factors in enhancing the competitive ability of  
354 crops. Weed abundance did not affect significantly spelt and winter wheat grain yield,  
355 indicating that the crop was able to suppress the growth of weeds to a point where their effect  
356 on crop growth was negligible. In contrast, the effect of weed biomass on chickpea yields and  
357 lentil crop biomass was statistically significant, indicating a strong negative correlation between  
358 weeds and legume crops. The growth of weeds was significantly enhanced by fertilization



359 during legume crops and, consequently, they significantly reduced the growth of chickpea and  
360 lentil. Some studies indicated that lentil is very vulnerable to weed competition because of its  
361 short stature, slow establishment, and limited vegetative growth (Ahmadi et al., 2016). The high  
362 amount of weed biomass in chickpea and lentil irrespective of the treatment can be related to the  
363 inadequate post-emergence weed control. Our results indicated that mouldboard ploughing  
364 increased weed control and consequently lentil crop biomass. Therefore, improving weed  
365 management in legume crops is critical to their feasibility in organic farming because of the  
366 high susceptibility of such crops to weed competition.

367 Although we expected a negative or neutral effect of green manures on weed abundance, green  
368 manure increased weed abundance during the subsequent lentil crop. The extremely weak  
369 growth of lentil as a result of drought may have reduced the competitive ability of the crop and  
370 promoted weed growth. These results call for a careful evaluation of the insertion of cover crops  
371 in Mediterranean crop rotations (Plaza-Bonilla et al. 2017).

#### 372 4.2. Changes in SOC, carbon stocks and N change during the experiment?

373 The amount of SOC stored in the soil is determined by the balance production of organic matter  
374 by plants and decomposition of organic matter by soil organisms. Each of these processes is  
375 controlled by physical, chemical, and biological factors (Guo and Gifford, 2002). In organic  
376 arable cropping systems, the intensity of soil disturbance, the farmyard manure and green  
377 manure fertilization are overriding factors that determine the amounts of SOC and N and their  
378 pattern of distribution in the soil profile (Gattinger et al., 2012). Some authors have indicated  
379 that SOC is enhanced by reduced tillage practices after several years (Mäder and Berner, 2012;  
380 Peigné et al., 2013). However, other studies were unable to demonstrate such a positive effect  
381 (Berner et al., 2008). Our study shows losses of SOC irrespective of the ploughing intensity,  
382 indicating that Mediterranean low input farming systems may reduce SOC content and  
383 consequently soil carbon stocks. It is interesting to note that such losses were lower in plots with

384 chisel than in plots with mouldboard ploughing. Similar to other studies, reduced tillage  
385 stratified SOC and consequently soil carbon stocks and microbial biomass concentrated in the  
386 upper layers especially in fertilized plots (Berner et al., 2008, Cooper et al., 2016, Gadermaier et  
387 al., 2012). It is worthy to highlight that soil inversion by mouldboard ploughing reduces  
388 carbon stocks in the topsoil mainly in unfertilized soils while it increases SOC at deeper layers.

389 As the SOC losses also occurred in reduced tillage treatments, they must relate to other aspects  
390 of organic farming practices. Crop productivity is one of the main drivers of carbon stocks in  
391 arable systems. Both carbon stocks and crop productivity may be enhanced by crop fertilization  
392 practices (Johnston et al., 2009). The cereal grain yield even in our fertilized plots was less than  
393 half that of conventional systems in the region (Ministerio de Agricultura y Pesca, Alimentación  
394 y Medio Ambiente, 2009), indicating a low plant productivity in comparison to neighbouring  
395 cereal monocultures. This may explain SOC losses throughout the soil profile. Moreover, low  
396 productivity of legume crops as compared to cereals may further contribute to decrease soil  
397 organic matter in such crop rotations. These SOC losses may be partly compensated by the  
398 addition of farmyard manure. In these experimental systems, organic fertilization was crucial to  
399 maintain SOC level and to enhance cereal crop productivity, but it reduced productivity in  
400 legume crops. This suggests in one hand nutrient limitation for cereal productivity and on the  
401 other hand a negative effect of organic fertilization in rotations including legumes. As the use of  
402 fresh, unstabilized materials may induce the mineralization of native SOC stocks (Molina-  
403 Herrera and Romanyà, 2015; Romanyà et al., 2012), the addition of more stabilized composted  
404 organic materials may have contributed to building up SOC stocks.

405 There is a broad support in the literature for the positive effects of cover crops on SOC (Poeplau  
406 and Don, 2015). However, our results suggest that the incorporation of crop residues with low  
407 C:N ratio, such as those from legumes, into the soil can accelerate SOC decomposition,  
408 although other studies show positive responses on SOC levels in response to legumes (Beedy et  
409 al., 2010). The lack of response of green manure in our experiment may have been due to the

410 general low plant productivity in the experimental area or lack of effect over short time-spans  
411 (Biederbeck et al., 1998).

412 N content was clearly enhanced after the 4-year rotation in all the plots. Our results show that N  
413 increase was significantly higher with the incorporation of farmyard manure, and the highest  
414 increase occurred in plots with reduced tillage. Increased N levels after adding manures have  
415 also been reported by other authors (Krauss et al., 2010; Maltas et al., 2013). In contrast, we did  
416 not find any significant effect of the incorporation of green manure on the increase of the N,  
417 indicating that the effect of applying farmyard manure was more important. Slight increases of  
418 N amount in unfertilized plots can be attributed to N fixation or to atmospheric deposition (Pang  
419 and Letey, 2000), which in the area may be as high a 15-22 kg ha<sup>-1</sup> year<sup>-1</sup> (Vallejo et al., 2005).  
420 In our experimental site in Gallecs this value can be especially high because of its proximity to  
421 urban areas (highways, industry, etc.) (Ochoa-Hueso et al., 2011).

422

#### 423 4.3. Changes in soil microbial biomass and N availability

424 Reduced tillage caused a stratification of soil microbial biomass in the soil profile, which  
425 parallels total SOC content. In agreement with previous studies (Vian et al., 2009), our results  
426 on microbial biomass ( $C_{mic}$  and  $N_{mic}$ ) indicated that shifting from conventional to reduced tillage  
427 modifies crop residue distribution in the soil profile and environmental conditions for soil  
428 micro-organisms. Increased organic residues in top layers may go along with a decrease in the  
429 turnover rate of the SOC that may increase N immobilization and produce N shortages for crops  
430 (Pekrun et al., 2003; Vian et al., 2009).

431 In our experiment, the increase of  $C_{mic}$  after four years of trial can be mainly explained by the  
432 addition of manures. The addition of labile sources of SOC promotes soil microbial activity and  
433 consequently an increase of microbial biomass (Molina-Herrera and Romanyà, 2015; Fließbach

434 and Mäder, 2000). Reduced tillage has also been found to increase microbial biomass in surface  
435 soils, although its effects have been found to be much stronger when combined with  
436 fertilization. These increases, however, have not been related to increases in N availability.  
437 Indeed, some studies in temperate climates reported a decrease of N availability for the crop  
438 under reduced tillage due to lower mineralization rates (Berner et al., 2008; Peigné et al., 2007).

439 The decrease of  $N_{mic}$  that occurred in all treatments after four years of trial coincided with a 32 %  
440 decrease in the C:N ratio (see section 3.2). A low C:N ratio indicates an increased degree of  
441 humification (Bayer et al., 2002). Humified organic matter strongly holds N in highly  
442 recalcitrant forms and is thus unavailable to soil microbiota. In our experiment, low N  
443 availability was indicated by the decreased  $N_{mic}$ . N mobilization in such soils may involve  
444 destabilization of soil organic matter and its subsequent mineralization (Clarholm et al., 2015).  
445 This may coincide with increases in fungi and Gram (+) bacteria as has been reported by other  
446 authors studying organically managed minimum tillage farming systems (Sun et al., 2016).

447 The  $C_{mic}/SOC$  ratio can indicate the soil microbial efficiency of conversion of organic matter to  
448 microbial biomass and the stabilization of SOC by the soil mineral fractions (Sparling, 1992). In  
449 our mid-term trial, the loss of SOC in all the plots coincides with the increase of the  $C_{mic}/SOC$   
450 ratio, which indicates that the microorganisms are integrating a greater proportion of soil  
451 organic matter.

452 5. CONCLUSIONS

453 Farmyard manure is the main factor affecting crop yields and weed biomass, as well as soil  
454 fertility and quality. Organic fertilization is crucial to sustain cereal yields, but can also exert a  
455 negative effect on legume crops by increasing the competitive effects of weeds. Although  
456 farmers are concerned that reduced tillage could reduce the already low crop yields under  
457 organic farming by increasing weed pressure and delaying nutrient mineralization, we have  
458 found that the concerns are unfounded. The tillage system does not have a consistent negative  
459 effect on yields, and the increased weed control of mouldboard plough only occurs in the mid-  
460 to long-term. The implementation of green manure in dryland areas requires a careful redesign  
461 of the cropping system. Although applying green manure could alleviate some fertility and  
462 weed control issues, we have not found positive effects on crop yields.

463 In the Mediterranean region of Spain, soils have low N availability and the organic fertilization  
464 might not be enough to maintain SOC content. Future research should explore the effects of  
465 applying more stabilized organic matter, which may be a better practice for the enhancement of  
466 soil quality and the build-up of soil organic matter in the soil.

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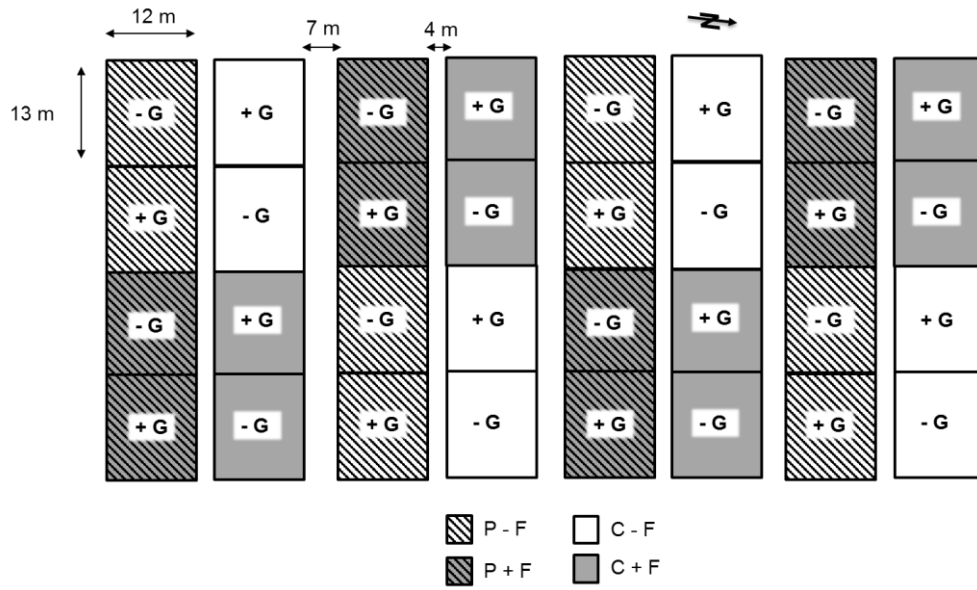
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614



1

2 Figure 1. Experimental design in a strip-split-block with three factors of two levels  
 3 each. P, mouldboard ploughing; C, chisel ploughing; + F, fertilization with farmyard  
 4 manure, - F, not fertilized: + G, with green manure, - G, no green manure. Each  
 5 treatment is replicated four times, totalling 32 plots.

Table 1. Date of field operations, sowing characteristics, and fertilization inputs for each crop of the rotation. The type and brand of agricultural equipment are also indicated.

Year of rotation	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
	Spelt	Chickpea	Winter wheat	Lentil
<b>Tillage</b>				
Conventional tillage				
Mouldboard ploughing, depth 25 cm EG 85-240-8, Kverneland	December 12 <sup>th</sup> , 2011	March 28 <sup>th</sup> , 2013	December 10 <sup>th</sup> , 2013	March 20 <sup>th</sup> , 2015
Rotative, depth 5 cm HR3003D, Kuhn	December 14 <sup>th</sup> , 2011	April 13 <sup>th</sup> , 2013	December 16 <sup>th</sup> , 2013	March 30 <sup>th</sup> , 2015
Reduced tillage				
Chisel, depth 25 cm KCCC 1187 - A00, Kverneland	December 14 <sup>th</sup> , 2011	March 28 <sup>th</sup> , 2013	November 12 <sup>th</sup> , 2013	March 20 <sup>th</sup> , 2015
Rotative, depth 5 cm HR3003D, Kuhn	December 14 <sup>th</sup> , 2011	April 13 <sup>th</sup> , 2013	December 16 <sup>th</sup> , 2013	March 30 <sup>th</sup> , 2015
<b>Fertilization</b>				
Composted cow farmyard manure	December 12 <sup>th</sup> , 2011	March 28 <sup>th</sup> , 2013	November 12 <sup>th</sup> , 2013	March 19 <sup>th</sup> , 2015
tn ha <sup>-1</sup>	21.5	22	38	22
N <sub>t</sub> kg ha <sup>-1</sup>	134.60	40.04	138.28	62.36
<b>Weed control</b>				
	No control	May 30 <sup>th</sup> , 2013	March 4 <sup>th</sup> , 2014	June 2 <sup>nd</sup> , 2015
Machinery for weed control		Inter-row cultivator	Flex-tine harrow Herse-6M, PICHON	Hand weeding
<b>Sowing</b>				
Amazone D09- 30	Spelt	Chickpea	Winter wheat	Lentil
Date of sowing	December 14 <sup>th</sup> , 2011	April 13 <sup>th</sup> , 2013	December 16 <sup>th</sup> , 2013	March 31 <sup>st</sup> , 2015
Sowing density	195 kg ha <sup>-1</sup>	30 kg ha <sup>-1</sup>	220 kg ha <sup>-1</sup>	180 kg ha <sup>-1</sup>
Spacing between rows	12 cm	75 cm	12 cm	12 cm
<b>Harvest</b>				
Plot combine Elite, Wintersteiger, Inc. Deuthz fhar	July, 12 <sup>th</sup> 2012	July 31 <sup>st</sup> , 2013	August 12 <sup>th</sup> , 2014	-
Disc harrowing Norma RLBH 32, RAU	September 18 <sup>th</sup> , 2012	October 26 <sup>th</sup> , 2013	September 9 <sup>th</sup> , 2014	September 20 <sup>th</sup> , 2015
<b>Green manure</b>				
	October 17 <sup>th</sup> , 2012	-	September 22 <sup>th</sup> , 2014	-
Sowing density kg ha <sup>-1</sup>	45.8 oat 1.5 mustard 61 bitter vetch 39.7 common vetch	-	45.8 oat 1.5 mustard 61 bitter vetch 39.7 common vetch	-

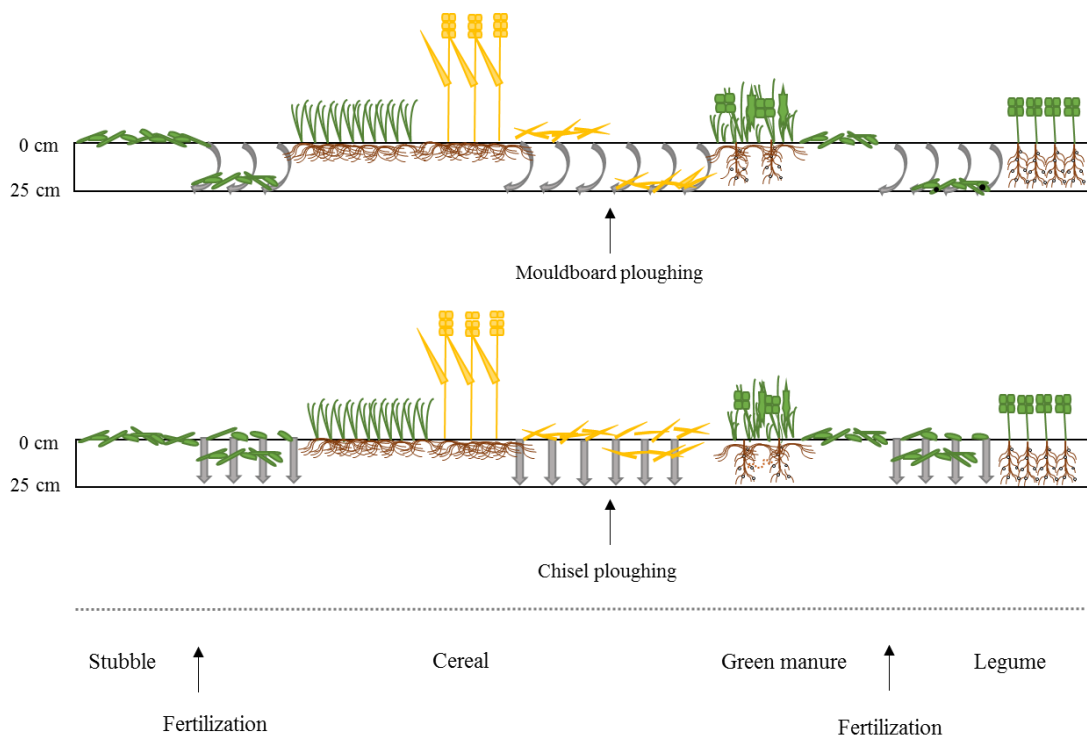


Figure 2. Cereal-legume crop rotation schemes of the experiment with two different tillage systems in two years. The first scheme (top) represents the rotation with mouldboard ploughing (inversion of soil layers) and the second scheme (bottom) represents the rotation with chisel ploughing (no soil inversion). The schemes start from the stubble incorporation of the previous crop, followed by the fertilization (in the corresponding plots) and the soil tillage for the cereal crop season. After cereal harvest and the stubble incorporation (disc harrowing), the cover crops are sown and later incorporated into the soil (in the corresponding plots), before the fertilization and tillage for the legume crop season.

Table 2. Results of the linear mixed effects models of the effect of fertilization (F +, fertilization with farmyard manure; F -, not fertilized), tillage system (T P: mouldboard ploughing; T C: chisel ploughing), green manure (G +, with green manure; G -, no green manure) and their interaction on the different variables measured (crop yields of spelt, chickpea and winter wheat, crop biomass of lentil, and weed biomass during each cropping season).

	F (+ vs -)	T (P vs C)	G (+ vs -)	F (+ vs -) × T (P vs C)	F (+ vs -) × G (+ vs -)	T (P vs C) × G (+ vs -)	F × T × G
<b>Crop yields (kg ha<sup>-1</sup>)</b>							
Spelt	163.06 ± 38.25*	6.72 ± 58.29 <sup>NS</sup>	23.28 ± 22.48 <sup>NS</sup>	-26.44 ± 22.48 <sup>NS</sup>	-2.25 ± 22.48 <sup>NS</sup>	13.95 ± 22.48 <sup>NS</sup>	16.92 ± 22.48 <sup>NS</sup>
Chickpea	-61.47 ± 29.10 <sup>NS</sup>	-0.12 ± 30.46 <sup>NS</sup>	5.35 ± 15.76 <sup>NS</sup>	9.34 ± 15.76 <sup>NS</sup>	-29.57 ± 15.76 <sup>NS</sup>	-9.06 ± 15.76 <sup>NS</sup>	-1.06 ± 15.76 <sup>NS</sup>
Wheat	484.96 ± 121.61*	36.82 ± 120.04 <sup>NS</sup>	28.92 ± 68.36 <sup>NS</sup>	-45.32 ± 68.36 <sup>NS</sup>	-8.45 ± 68.36 <sup>NS</sup>	-4.80 ± 68.36 <sup>NS</sup>	-1.42 ± 68.36 <sup>NS</sup>
Lentil (biomass g m <sup>-2</sup> )	-7.33 ± 5.13 <sup>NS</sup>	12.251 ± 4.70*	2.47 ± 3.87 <sup>NS</sup>	-2.16 ± 3.87 <sup>NS</sup>	-4.18 ± 3.87 <sup>NS</sup>	5.29 ± 3.87 <sup>NS</sup>	-4.91 ± 3.87 <sup>NS</sup>
<b>Weed biomass (g m<sup>-2</sup>)</b>							
Spelt	-0.16 ± 0.04**	-0.26 ± 0.12 <sup>NS</sup>	-0.07 ± 0.04 <sup>NS</sup>	-0.24 ± 0.04***	0.001 ± 0.04 <sup>NS</sup>	-0.01 ± 0.04 <sup>NS</sup>	-0.05 ± 0.04 <sup>NS</sup>
Chickpea	12.46 ± 5.47 <sup>NS</sup>	-2.46 ± 7.53 <sup>NS</sup>	1.92 ± 3.40 <sup>NS</sup>	-2.77 ± 3.40 <sup>NS</sup>	3.67 ± 3.40 <sup>NS</sup>	1.09 ± 3.40 <sup>NS</sup>	2.19 ± 3.40 <sup>NS</sup>
Wheat	-0.31 ± 0.08*	-0.28 ± 0.08*	-0.03 ± 0.07 <sup>NS</sup>	0.11 ± 0.07 <sup>NS</sup>	0.10 ± 0.07 <sup>NS</sup>	0.03 ± 0.07 <sup>NS</sup>	-0.04 ± 0.07 <sup>NS</sup>
Lentil	32.45 ± 7.75**	-12.79 ± 4.25**	11.55 ± 4.25*	-6.88 ± 4.25 <sup>NS</sup>	6.98 ± 4.25 <sup>NS</sup>	-3.95 ± 4.25 <sup>NS</sup>	0.81 ± 4.25 <sup>NS</sup>

The values are estimated differences, standard errors and their significance levels, which are indicated according to the following codes: \*\*\*  $p \leq 0.001$ , \*\*  $p \leq 0.01$ , \*  $p \leq 0.05$ , <sup>NS</sup> not significant.



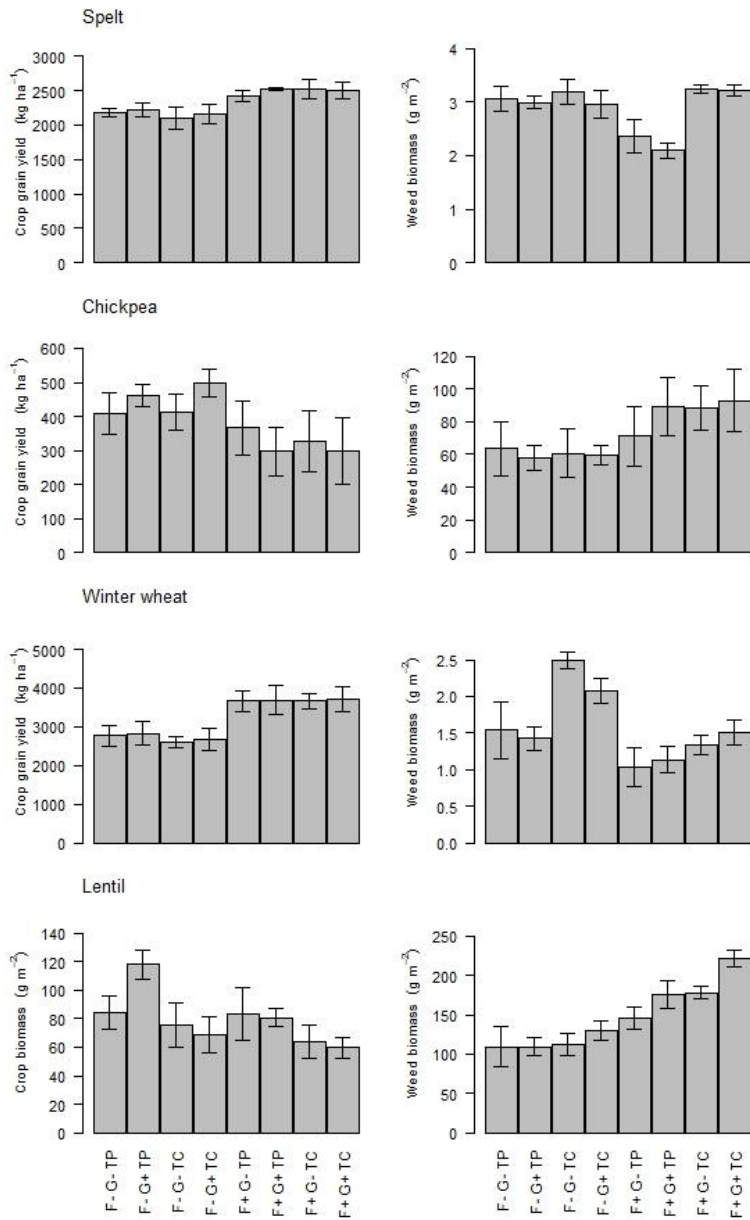


Figure 3. Mean ( $\pm$  SE standard error of differences) crop yields of spelt, chickpea, winter wheat and crop biomass of lentil (left) and the corresponding aboveground weed biomass (right) in each treatment: fertilization (F - , not fertilized; F +, fertilization with farmyard manure); green manure (G -, no green manure; G + sown with green manure); tillage systems (T P, mouldboard ploughing; T C, chisel ploughing). Because lentil crop was not harvested, aboveground lentil biomass was evaluated. Note the different vertical scale for each crop.

Table 3. Mean ( $\pm$  SE) of SOC and N<sub>tot</sub> at two soil depths (0 – 10 cm and 10 – 20 cm) in each treatment: fertilization (F +, fertilization with farmyard manure; F -, not fertilized); tillage system (T P, mouldboard ploughing; T C, chisel ploughing); green manure (G +, sown with green manure; G -, no green manure) in the first and last year of the trial ( $t_i$  and  $t_f$ ).

	0-10 cm		10-20 cm		0-10cm		10-20 cm	
	SOC $t_i$	SOC $t_f$	SOC $t_i$	SOC $t_f$	N $t_i$	N $t_f$	N $t_i$	N $t_f$
F +	1.170 $\pm$ 0.090	1.118 $\pm$ 0.060	1.110 $\pm$ 0.090	0.970 $\pm$ 0.060	0.124 $\pm$ 0.005	0.163 $\pm$ 0.006	0.113 $\pm$ 0.006	0.148 $\pm$ 0.006
F -	1.150 $\pm$ 0.130	0.827 $\pm$ 0.060	1.090 $\pm$ 0.120	0.800 $\pm$ 0.040	0.119 $\pm$ 0.007	0.127 $\pm$ 0.005	0.112 $\pm$ 0.005	0.123 $\pm$ 0.005
T P	1.140 $\pm$ 0.100	0.904 $\pm$ 0.036	1.090 $\pm$ 0.100	0.900 $\pm$ 0.030	0.120 $\pm$ 0.005	0.139 $\pm$ 0.003	0.110 $\pm$ 0.005	0.137 $\pm$ 0.005
T C	1.180 $\pm$ 0.120	1.042 $\pm$ 0.080	1.110 $\pm$ 0.120	0.860 $\pm$ 0.070	0.121 $\pm$ 0.006	0.152 $\pm$ 0.008	0.114 $\pm$ 0.006	0.134 $\pm$ 0.006
G +	1.180 $\pm$ 0.120	0.97 $\pm$ 0.060	1.120 $\pm$ 0.120	0.880 $\pm$ 0.050	0.121 $\pm$ 0.006	0.144 $\pm$ 0.005	0.114 $\pm$ 0.006	0.136 $\pm$ 0.006
G -	1.140 $\pm$ 0.100	0.975 $\pm$ 0.050	1.080 $\pm$ 0.100	0.890 $\pm$ 0.040	0.122 $\pm$ 0.006	0.146 $\pm$ 0.006	0.110 $\pm$ 0.005	0.135 $\pm$ 0.005

Table 4. Results of the linear mixed effects models of the effect of the different experimental factors, plus depth and year and their interactions on the changes in soil organic carbon, in total nitrogen and in the ratio among these (  $\Delta$ SOC,  $\Delta$ N and  $\Delta$ C:N). F +, fertilization with farmyard manure; F -, not fertilized; T P, mouldboard ploughing; T C, chisel ploughing; G +, sown with green manure; G -, no green manure.

	$\Delta$ SOC	$\Delta$ N	$\Delta$ C:N
F (+ vs -)	0.137± 0.075 <sup>NS</sup>	0.015± 0.002 <sup>***</sup>	0.264 ± 0.675 <sup>NS</sup>
T (P vs C)	-0.049± 0.060 <sup>NS</sup>	-0.008±0.001 <sup>***</sup>	0.085 ± 0.579 <sup>NS</sup>
G (+ vs -)	-0.021± 0.020 <sup>NS</sup>	-0.001±0.001 <sup>NS</sup>	-0.169 ± 0.188 <sup>NS</sup>
F (+ vs -) × T (P vs C)	0.009± 0.020 <sup>NS</sup>	-0.006±0.001 <sup>**</sup>	0.452 ± 0.188 <sup>*</sup>
F (+ vs -) × G (+ vs -)	-0.007± 0.020 <sup>NS</sup>	-0.002±0.001 <sup>NS</sup>	0.082 ± 0.188 <sup>NS</sup>
T (P vs C) × G (+ vs -)	-0.022± 0.020 <sup>NS</sup>	-0.002±0.001 <sup>NS</sup>	0.007 ± 0.189 <sup>NS</sup>
Depth (10-20 vs 0-10 cm)	-0.025±0.029 <sup>NS</sup>	-0.001±0.002 <sup>NS</sup>	-0.461 ± 0.267 <sup>NS</sup>
F (+ vs -) × depth (10-20 vs 0-10 cm)	-0.060±0.029 <sup>*</sup>	-0.003±0.002 <sup>NS</sup>	-0.297 ± 0.267 <sup>NS</sup>
T (P vs C) × depth (10-20 vs 0-10 cm)	0.084±0.029 <sup>**</sup>	0.012±0.002 <sup>***</sup>	-0.021 ± 0.267 <sup>NS</sup>
G (+ vs -) × depth (10-20 vs 0-10 cm)	-0.002±0.029 <sup>NS</sup>	-0.002±0.002 <sup>NS</sup>	0.180 ± 0.267 <sup>NS</sup>
F (+ vs -) × T (P vs C) × depth (10-20 vs 0-10 cm)	0.0578±0.29 <sup>NS</sup>	0.006±0.002 <sup>*</sup>	0.190 ± 0.267 <sup>NS</sup>

The values are estimated differences in marginal means, standard errors and their significance levels, which are indicated according to the following codes: \*\*\* p < 0.001, \*\* p < 0.01, \* p < 0.05, NS not significant.

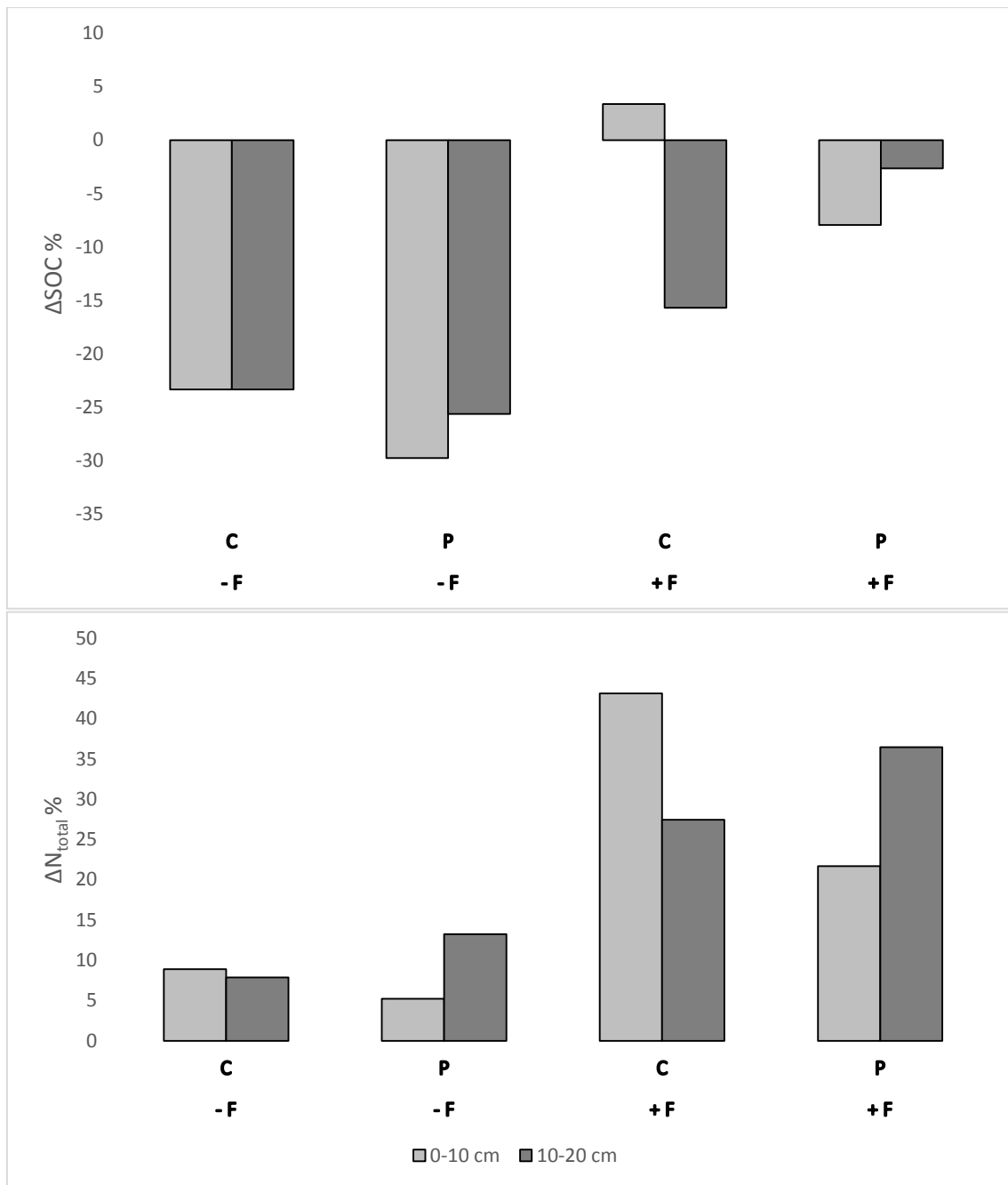


Figure 4. Changes in SOC and N contents, at two soil depths (0 to 10 cm and 10 to 20 cm), in plots under different treatments over the 4-year rotation of the experiment. Fertilization (F -, not fertilized; F +, fertilization with farmyard manure); tillage system (P, mouldboard ploughing; C chisel ploughing).  $\Delta\text{SOC}$  and  $\Delta\text{N}_{\text{tot}}$  represent the differences between the  $t_f$  and the  $t_i$ .

Table 5. Results of the linear mixed effects models of the effect of the different factors: fertilization (F + fertilization with farmyard, F - not fertilized; manure); tillage system (T P, mouldboard ploughing; T C, chisel ploughing); green manure (G -, no green manure; G +, sown with green manure); depth ( 1, 0 – 10 cm; 2, 10 – 20cm); and the interaction between them on soil bulk density and carbon stocks after the four years of trial ( $t_f$ ).

	<b>Bulk density (<math>t_f</math>)</b>	<b>Carbon stocks (<math>t_f</math>)</b>
F (+ vs -)	-0.0038 ± 0.017 <sup>NS</sup>	1064.77 ± 295.35*
T (P vs C)	-0.007 ± 0.015 <sup>NS</sup>	415.15 ± 334.56 <sup>NS</sup>
G (+ vs -)	-0.003 ± 0.015 <sup>NS</sup>	-149.21 ± 203.76 <sup>NS</sup>
F (+ vs -) × T (P vs C)	0.012 ± 0.015 <sup>NS</sup>	18.22 ± 203.76 <sup>NS</sup>
F (+ vs -) × G (+ vs -)	0.008 ± 0.015 <sup>NS</sup>	130.66 ± 203.76 <sup>NS</sup>
T (P vs C) × G (+ vs -)	0.003 ± 0.015 <sup>NS</sup>	597.26 ± 203.76**
Depth (10-20 vs 0-10 cm)	0.259 ± 0.022***	1234.81 ± 269.12***
F (+ vs -) × depth (10-20 vs 0-10 cm)	-0.017 ± 0.022 <sup>NS</sup>	716.31 ± 269.12*
T (P vs C) × depth (10-20 vs 0-10 cm)	0.021 ± 0.022 <sup>NS</sup>	-1287.24 ± 269.12***
G (+ vs -) × depth (10-20 vs 0-10 cm)	-0.010 ± 0.022 <sup>NS</sup>	96.99 ± 269.12 <sup>NS</sup>

The values are estimated differences in marginal means, standard errors and their significance levels, which are indicated according to the following codes: \*\*\* p < 0.001, \*\* p < 0.01, \* p < 0.05, NS not significant.

Table 6. Mean ( $\pm$  SE) of soil microbial biomass ( $C_{mic}$  and  $N_{mic}$ ) and the ratio ( $C_{mic}/SOC$ ) in the last year of the trial ( $t_f$ ) at two soil depths (0 -10 cm and 10 – 20 cm) in each treatment: fertilization (F +, fertilization with farmyard manure; F -, not fertilized); tillage system (T P, mouldboard ploughing; T C, chisel ploughing); green manure (G +, sown with green manure; G - no green manure).

System	$C_{mic}$ ( $\mu g^{-1}$ ) ( $t_f$ )		$N_{mic}$ ( $\mu g^{-1}$ ) ( $t_f$ )		$C_{mic}/SOC$ (%) ( $t_f$ )	
	0 -10 cm	10 – 20 cm	0 -10 cm	10 – 20 cm	0 -10 cm	10 – 20 cm
F +	297.13 $\pm$ 15.66	250.48 $\pm$ 11.66	31.81 $\pm$ 7.00	25.27 $\pm$ 4.13	2.64 $\pm$ 0.31	2.57 $\pm$ 0.36
F -	234.73 $\pm$ 13.59	210.48 $\pm$ 12.65	19.70 $\pm$ 3.51	24.37 $\pm$ 4.75	2.88 $\pm$ 0.41	2.60 $\pm$ 0.24
T P	243.34 $\pm$ 12.93	234.41 $\pm$ 11.00	26.37 $\pm$ 4.62	27.60 $\pm$ 4.86	2.72 $\pm$ 0.31	2.61 $\pm$ 0.26
T C	288.53 $\pm$ 16.31	226.56 $\pm$ 13.31	25.14 $\pm$ 5.89	22.04 $\pm$ 4.02	2.80 $\pm$ 0.41	2.56 $\pm$ 0.33
G +	269.04 $\pm$ 14.50	231.69 $\pm$ 11.85	26.33 $\pm$ 5.85	25.44 $\pm$ 5.66	2.80 $\pm$ 0.39	2.61 $\pm$ 0.32
G -	262.82 $\pm$ 14.74	229.27 $\pm$ 12.45	25.18 $\pm$ 4.65	24.19 $\pm$ 3.22	2.72 $\pm$ 0.34	2.55 $\pm$ 0.28

Table 7. Results of the linear mixed effects models of the effect of the different factors: fertilization (F +, fertilization with farmyard manure; F -, not fertilized); tillage system (T P, mouldboard ploughing; T C, chisel ploughing); green manure (G +, sown with green manure; G - no green manure; depth (0 – 10 cm and 10 – 20cm); and the interaction between them on  $C_{mic}$ ,  $N_{mic}$  and  $C_{mic}/SOC$  in the last year of the trial ( $t_f$ ).

System	$C_{mic}(t_f)$	$N_{mic}(t_f)$	$C_{mic}/SOC(t_f)$
F (+ vs -)	$30.77 \pm 3.56^{***}$	$5.91 \pm 2.71^*$	$-0.10 \pm 0.21^{NS}$
T (P vs C)	$-21.66 \pm 14.93^{NS}$	$0.74 \pm 2.25^{NS}$	$-0.07 \pm 0.05^{NS}$
G (+ vs -)	$3.02 \pm 4.02^{NS}$	$0.58 \pm 2.25^{NS}$	$0.03 \pm 0.03^{NS}$
Depth (10-20 vs 0-10 cm)	$-35.69 \pm 3.77^{***}$	$-1.06 \pm 2.05^{NS}$	$-0.15 \pm 0.07^*$
F (+ vs -) $\times$ depth (10-20 vs 0-10 cm)	$-11.57 \pm 3.78^{**}$	$-5.04 \pm 2.05^*$	$0.11 \pm 0.07^{NS}$
T (P vs C) $\times$ depth (10-20 vs 0-10 cm)	$26.38 \pm 3.78^{***}$	$1.40 \pm 2.04^{NS}$	$0.07 \pm 0.07^{NS}$
F (+ vs -) $\times$ T (P vs C)	$-3.13 \pm 3.42^{NS}$	$-1.41 \pm 2.25^{NS}$	$0.11 \pm 0.05^*$
F (+ vs -) $\times$ T (P vs C) $\times$ depth (10-20 vs 0-10 cm)	$-6.04 \pm 6.23^{NS}$	$-0.25 \pm 2.05^{NS}$	$-0.27 \pm 0.07^{***}$

Significance levels are indicated according to the following codes: \*\*\*  $p < 0.001$ , \*\*  $p < 0.01$ , \*  $p < 0.05$ , <sup>NS</sup> not significant. Interactions with the green manure were not significant.

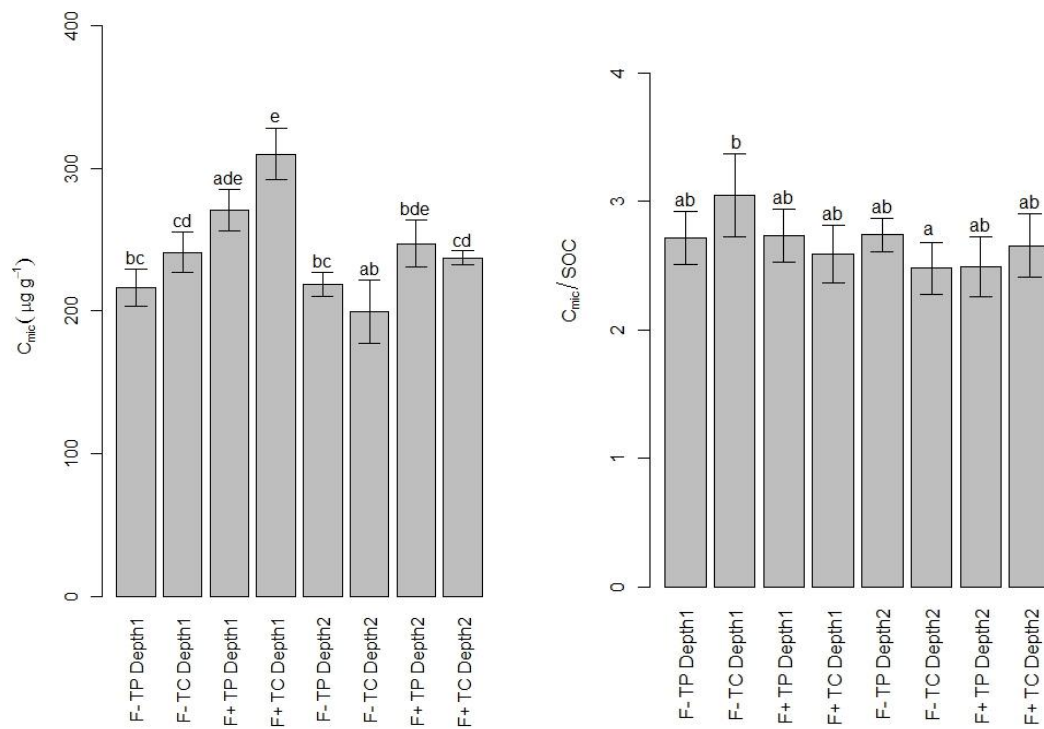


Figure 5. Soil microbial biomass C (left) and  $C_{mic}/SOC$  ratio (right, in percentage) after four years of the trial ( $t_f$ ) in the different treatments: fertilization (F + fertilization with farmyard manure, F - not fertilized); tillage system (T P mouldboard ploughing, T C chisel ploughing); green manure (G + sown with green manure, G - no green manure); depth (1: 0 – 10 cm, 2: 10 – 20cm). Bars with no letters in common are significantly different (Tukey HSD test,  $p < 0.05$ ).